



TAKE NOTE

The Hill School
(540) 687-5897
www.thehillschool.org

DECEMBER 4, 2014

We are delighted to announce that Marqui Simmons will succeed Mary Looney as PTC president. Marqui will “shadow” Mary for the rest of the 2014-15 school year and assume office next year.

Marqui is the mother of eighth grader Aidan and sixth grader Olivia and has been a Hill parent since 2006. Marqui has been a room parent, organized the class of 2015 “basketball nite” fundraiser for the last two years, and has been an active volunteer and involved parent since Aidan was in Kindergarten. Please join us in thanking and congratulating Marqui for taking on this important leadership position.

Mary Looney
PTC President

Treavor Lord
Head of School

SmugMug ☺ Hill has SmugMug!

Parents can access this on-line photo storage account to view pictures of Hill School games, trips, assemblies, and special activities. We will be adding to this site over time, so please check back frequently to see new photos.

These galleries are only accessible through the provided link—they are not available to the general public, and we have screened the photos based on family preferences as indicated during the registration process. Photos may be purchased from SmugMug for a nominal fee.

Thanks to Karen Monroe and Dorsey deButts for taking many of these photos and for organizing them into this accessible format. Please contact Dorsey if you have any questions about this site. We hope this service will be useful and enjoyable for you and your family.

Join the Hill School Float for Christmas in Middleburg

Christmas in Middleburg is Saturday, December 6th. All JK-3 children are invited to ride along with the Hill School lion on our float in the Christmas in Middleburg Parade. Please sign up at the front desk if you plan to participate. You will need to dress warmly and meet at the float along the Hill School's Cross-Campus Road

between 1:30 and 1:45. Pick up will be immediately after the parade at the Hill School's back traffic circle (near Art room).

To ensure the safety of our children, all children must be on the float by 1:45. No children will be allowed to join the float once we start moving, or be picked up from the float before we return to the art circle.

Questions? Contact Donna Potter at montog@aol.com.

More about Christmas in Middleburg is at their website <http://www.christmasinmiddleburg.org/>

Greens Are Here!

Greens are available for pick up Thursday, Dec. 4th in the afternoon and Friday, Dec. 5th, all day.



Coming up at Hill:

Fri., Dec. 5	Grade 7 returns from Williamsburg at 3:00. After School Climbing Club, 3:00-4:00 pm. Families Climbing the Walls, 5:30-7:00 pm.
Sat., Dec. 6	Christmas in Middleburg Parade (see page 1 for more information on the Hill School Float)
Thurs., Dec. 11	JV2 Boys Basketball vs. LCDS at LCDS. Game at 3:00, dismissal at 4:45 pm JV1 Boys Basketball vs. LCDS at LCDS. Game at 4:00, dismissal at 5:45 pm V Boys Basketball vs. LCDS at LCDS. Game at 5:00, dismissal at 6:45 pm V Girls Basketball vs. LCDS at Hill. Game at 3:00, dismissal at 4:15 pm JV2 Girls Basketball vs. LCDS at Hill. Game at 4:00, dismissal at 5:15 pm
Fri., Dec. 12	Noon Dismissal for all grades. Faculty meetings will be held in the afternoon.
Sat., Dec. 13	Holiday Marketplace (see attached flyer for more details)
Mon., Dec 15	JV1 Girls Basketball vs. Edlin at Hill. Game at 4:00, dismissal at 5:15 pm
Thurs. Dec. 18	Grade 7 St. George and the Dragon Performances at 11:00 am and 3:00 pm.
Fri., Dec. 19	Holiday Program at 10:30 am. Students are dismissed for the two week vacation after the program.
Mon. Jan. 5	School re-opens.

Climbing Wall Events: Friday, December 5th

After School Climbing Club
3:00-4:00pm (free for Hill
School Students)

Families Climbing the Walls
5:30-7:00pm (\$30/family,
extended families welcome!)

Questions? Please contact Mrs. Kidder at
pkidder@thehillschool.org



Ski season is coming!

Sign up forms were attached to
last week's Take Note and are due
to the office by **Friday, Dec. 12.**

Parents and students renting equipment need to pick
up rental forms at the front desk or download them
from The Hill School website (See "Helpful Hints—
Bryce Rental Forms.") Completed rental forms need
to be returned to Hill School **before** Winter Break.

Please note: There was an error in the ski forms.
Helmets be available for **\$6/day** from the
Ski Boutique.

NEEDED: Looking to borrow a stroller for my granddaughter over the Christmas holiday. Dec 18 to Dec 28. Call Linda Hart, 703-727-1950 or e-mail dogwalker8@mac.com

FOR RENT: Apartment on beautiful horse farm in Philomont. Conveniently located between Purcellville & Middleburg, 25 mins to Leesburg. Light-filled, spacious & open floor plan. Pets possible, including two horse stalls available. Full kitchen & bath, washer & dryer, central heat & A/C. French doors, deck, breakfast nook, porch swing. Non-smoker, best for one person or a couple. Comcast high-speed internet & TV, fire & security system. Tile & berber flooring. Peaceful neighborhood & pastoral views. \$1550 includes ALL UTILITIES: high-speed internet, TV, trash, lawn service, security & fire system, electric, water. Call: (703) 431-3563.

WANTED: Administrative Assistant / Farm Secretary. Ideally full time. Must be super organized, and self-directing. If interested, please send resume to tim@traditions-lp.com.

AVAILABLE: Lizzy Catherwood, Hill School Class of 2012, available for babysitting! Junior at Middleburg Academy, Licensed, and Red Cross Babysitting Certified. Will be around for all of upcoming Christmas break as well! Phone: 571-442-0792 or email lizzyhcatherwood@gmail.com .

AVAILABLE: For babysitting & housesitting for Dec 10- Jan 20. Contact Montana at 703-459-3358. Hill '07 Foxcroft '11.

FOR SALE: Pristine Boy's Brooks Brothers Blazer- size 12-14, worn ONCE! Gorgeous lightweight, 2-button navy blue Piana Italian wool with gold buttons. Standing ready for a Nutcracker attendance with grandmama... or Cotillion. \$248 new. Suggesting a \$50 donation to Oceana (www.oceana.org). Please contact Anne Rowley (831)234-0773 or annerowley@mac.com.

LOST: Brown kids Barbour jacket. If found, please call 540-687-3578 or email mollyewert@verizon.net.

WANTED: Used ski equipment for Hill School teacher. Looking for boots (Men's size 11) and skis (170-180). Contact Paul Haefner at (703) 727-3205.

Hill School Student Council Supports Windy Hill for the Holidays



Dear
Parents,
Hill School's
Student Council

is asking our school community
to help brighten the holidays for residents of
Middleburg's Windy Hill neighborhood. *

Please consider supporting the Student Council by
providing small holiday gifts for Windy Hill children. *

Our faculty will be helping to support this program as well. *

To make the process as easy as possible for families to
participate, Room Parents in each grade have been given a list of
needs to distribute to classes. * Each of us can volunteer to make a small
purchase and demonstrate the joy of helping others. * For those who wish to
participate, here's how: * Select a gift from your class list and confirm with the front
desk to avoid duplications. * Consider including your child in the process of
selecting a gift. * Wrap and bring gift to the front desk by December 16th
(please put a removable post-it note on the outside that lists recipient and contents). *

A personalized gift tag will be attached and the gift placed under Hill's
giving tree in the front lobby. * Anyone wishing to provide additional support
or gifts, please contact Emily Tyler or Ann Northrup. *

Many thanks for your continued
support and generosity,

The Student
Council

Join us for Middleburg's first

Oughton Limited Trunk Show!

Equestrian lifestyle gifts for everyone on your list!

*Tacktrunk Bags, Belts, Bootbags, Barn Totes,
Equestrian Inspired Accessories & More!*

Mon 12/8 9:00-noon

Home of Brooke Myatt

302 West Washington St

Tues 12/9 & Weds 12/10 Noon-5:00

STITCH

112 W. Washington St

Appointments beginning Fri 12/5 are welcome for private shopping!

Contact Brooke Myatt with questions. 703-350-2565 brookemyatt11@gmail.com



Coming in January:

LEGO Robotics
Classes at Hill
School.

Wednesday afternoons:
3:00-3:55 for Grades K-2
4:05-5:00 for Grades 3-6.

More information and sign up
at c3cyberclub.com

The page is decorated with red ribbons swirling around the text and clusters of holly leaves with red berries. The ribbons are positioned on the left and right sides, framing the central text. The holly leaves are placed at various points along the ribbons, adding a festive touch.

CHRISTMAS MINI-AUCTION RETURNS!

The Holiday Mini-Auction is only a week away!

The Auction will open on Tuesday, December 9th and will close on Friday, December 12th at noon.

Please join us for a Holiday Breakfast and a Sneak Peak of the many wonderful items on Tuesday, December 9th at 8:30 am in the Alumni Room.

Great Bargains, Great Shopping
and No Shipping Charges!

Join Us Wednesday night, December 10th from 5:30-7:30 pm for a Holiday Reception!
Enjoy spirits and spirited shopping!

Please RSVP to the Auction Office for both events
Come to the Mini-Auction
and get in the Holiday Spirit

THAT NIGHT IN RIO

December 18th Lunch

Too busy to make lunch?
Support the 1st grade lunch!

Menu:

3 or 5 Tacitos
Chips w/ guac & salsa
Carrot Sticks
Brownie


*Feliz
Navidad*

\$6 or \$8 Make check memo: Class of 2022

Name _____

Grade _____


_____ 3 Tacitos (\$6) or _____ 6 Tacitos (\$8)

In Partnership with


A PLACE TO BE

Present
**The 5th Annual
 Holiday
 Recital**

An inspiring night of
 courage, music and joy!



Friday December 5th at 6:30 pm
 at Salamander Resort and Spa
 Don't miss the tree-lighting at the Pink Box in town at 5:00
 (Tree-Lighting sponsored by the Middleburg Business and Professional Association)

LOUDOUN BALLET COMPANY
 invites you to a special
**Nutcracker
 Tea Party!**

2014

SAT DEC 13th @ 2PM
 Salamander Resort
 500 N. Pendleton St.
 Middleburg, VA

Soones,
 Tea Sandwiches,
 Hot Chocolate & Tea
 Live Dance Excerpts,
 Photos with the
 Characters.

RESERVATIONS
 REQUIRED BY 12/9
 Adults \$59
 Children 12 & Under \$49

INFORMATION &
 RESERVATIONS
www.loudounballet.org

Loudoun Ballet Company (LBC)
 is a 501(c)(3) non-profit
 performing arts organization.



Saturday December 6 • 8:00 am -10:30 am
 Middleburg Community Charter School




**Breakfast
 with Santa**

\$10.00 per adult
 \$5 per child 12 & under

PROCEEDS BENEFIT MCOCS PTO STUDENT ENRICHMENT EFFORTS

Stop by the Kravitz Orthodontics Coffee & Croissants to-go tent. It's a great place to watch the 11:00 Hunt & Hounds Review while waiting for your prizes!

PHOTOS WITH SANTA
 \$10.00 per print
 \$5.00 per e-mailed digital image

MORE FUN
 Pick-a-Prize Raffle
 50/50 Drawings
 Cookie Decorating & Movie
 Silent Auction
 Plate Decorating

MENU
 Pancakes
 Sausage
 Eggs
 Fresh fruit
 Pastries
 Coffee, Tea, and Juice

Wakefield School
 Hosts Speaker
 Joe Ehrman

Monday, December 8, 2014
 beginning at 6:30 pm.

He will be offering us his thoughts on character education, respect, positive role modeling and support for one another, and responsibilities of parents. This discussion will be appropriate for students and parents (grades 8 and above).

Please RSVP to Betty Beamon
 bbeamon@wakefieldschool.org,
 540-253-7540 if you are able to attend.

Wakefield School
 4439 Old Tavern Rd
 The Plains, VA 20198

Nutrition Nuggets



Pear Crisp Recipe

Perhaps Homer described the pear best when he called it a "gift of the Gods" in *The Odyssey*. This versatile fruit is both flavorful and nutritious. With 24% of the daily recommendation of fiber found in the skin and flesh of pears, it is one of the highest fiber fruits around! Pears are also an excellent source of vitamin C, vitamin K, and copper. In addition, they have high amounts of antioxidants, which help fight free radicals, and these levels actually increase as the fruit ripens.

This holiday season, try a this healthier version of a **pear crisp** from my friends at Nutrition Action:

Total Time: 1hour 20 minutes; serves 12

Ingredients:

8 ripe, firm pears, cored and chopped	$\frac{1}{2}$ tsp. cinnamon
2 Tbs. lemon juice	$\frac{1}{4}$ tsp salt
1 Tbs. + $\frac{1}{2}$ cup packed brown sugar	$\frac{1}{4}$ cup chopped walnuts
$\frac{1}{4}$ cup whole-wheat flour	$\frac{1}{4}$ cup butter, cut into small pieces
1 $\frac{1}{2}$ cups old-fashioned rolled oats	$\frac{1}{4}$ cup canola oil

Directions: Preheat oven to 350° F

1. In a large mixing bowl, mix the chopped pears with the lemon juice and 1 Tbs of sugar. Transfer to a 9" x 13" baking dish. 2. In a medium bowl, mix the $\frac{1}{2}$ cup of sugar with the flour, oats, cinnamon salt, and walnuts. With a fork, thoroughly mix in the butter and oil. 3. Sprinkle the crumble evenly over the top of the pears 4. Bake until the topping is browned and the pears are tender, 50-60 minutes

Nutrition Information (per serving): Calories - 250, Total Fat - 11g, Saturated Fat - 3g, Sodium - 55mg, Carbohydrates - 37g, Fiber - 5g, Protein - 3g, Added sugar - 2 $\frac{1}{2}$ tsp

* Reference: World's Healthiest Foods: <http://www.whfoods.com/genpage.php?name=foodspice&dbid=28>,
<https://www.nutritionaction.com/daily/healthy-recipes-pear-crisp>.

*Nutrition Nuggets is intended to provide information and ideas on health and nutrition topics. Please remember that any major changes in lifestyle or diet should first be discussed with your physician.

Did You Know?

Pears absorb smells; therefore, it is important to store pears away from other strong smelling foods ~ both on the counter and in the refrigerator.

Questions or comments? Please email me at Cristin@myCompleatNutrition.com.

To your health,
Cristin Wipfler, MPH, RD





Saturday, December 13th

10:00 am - 4:00 pm

Shop at the



Hill Holiday Marketplace !

**in the Sheila C. Johnson Performing Arts Center
130 S. Madison St., Middleburg, VA 20117**

- * **Browse and shop for treasures and treats!**
- * **A great place for children to shop too!**
- * **Unique array of vendors including:
Mystique Jewelers, Origami Owl Lockets, Arbonne
Skin Care and Cosmetic Products, Handmade Jewelry,
Belt Buckles, Quilts, Artwork, Crazy Critters,
Sock Monkeys, Mello Out Marshmallows, Cakepops,
Infamous Almond Cakes, and much more!**
- * **Food by *Betty's Chips and Salsa*, featuring Chili Nachos!**



Hill School logo items:
Coolers, Folding Chairs,
Hats, Stemless Glasses, Double
Walled Tumblers.....

**Please Contact Haley Walsh
hwalsh@thehillschool.org or
540.687.5897
with questions and interest.**

