



TAKE NOTE

The Hill School
(540) 687-5897
www.thehillschool.org

JANUARY 7, 2016



SKI CLUB - Tomorrow, January 8th, Dismissal at 11:00 a.m.

Tomorrow, January 8th will be the first meeting of the Ski Club at Bryce. To give students a bit more time to get organized at Bryce (get their rental equipment, find their ski school class, etc.), school will dismiss earlier than other "Ski Fridays." Dismissal tomorrow for all students will be at 11:00. Subsequent Ski Friday dismissals will be at 11:50.

Ski Club members need to check in (stating Ski/Snowboard Class number and name) with our Ski Club Coordinator Pan Benefield to receive a lift ticket. Please attach tickets to hooks on jackets immediately; note that a lost ticket cannot be replaced. Half of the Ski and Snow Board classes will begin at 2:00, the others will begin at 3:15. See attached sheet for classes and their beginning times.

Please note: All students who participated in the program previously have been assigned to ski classes by their instructors based on their mastery of technical skills last year. New participants were assigned to classes based on their experience. The ski school director will make all adjustments necessary after the first meeting.

Pick up times for bus riders: Upperville Trinity Church: 6:30 p.m. / Hill School: 6:45 p.m.

See page 2 for Directions to Bryce

PIC Parent Meetings

- JK - TBD
- K - Wed., January 20 (Alumni Room)
- 1 - Wed., January 13 (Alumni Room)
- 2 - Wed., January 13 (Lunch Room)
- 3 - Mon., January 25 (Lunch Room)
- 4 - Tues., January 12 (Lunch Room)
- 5 - Wed., January 20 (Lunch Room)
- 6 - Mon., January 18 (Lunch Room)
- 7 - Tues., January 26 (Lunch Room)
- 8 - Thurs., January 21 (Lunch Room)

All meetings begin after drop off at 8:30.



Future Ski Club meetings

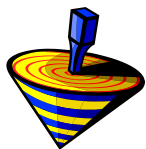


- Friday, January 15
- Friday, January 22 (all day) - No School, more information in a future Take Note
- Friday, January 29
- Friday, February 5
- Friday, February 12 Mini Olympics (all day)

On Friday, February, 12, we will have a full day of skiing and competition (Mini Olympics). There will be no school that day. More information on Mini Olympics will be in a future Take Note.

Student re-enrollment for the 2016-2017 school year

- Re-enrollment for the 2016-17 school year is under way!
- The financial aid online application process (FAST) will open for 5 weeks only beginning on Friday, January 15th - the deadline for applying for financial aid is February 19th.
- The FAST application icon is located on the home page of Hill's website under Helpful Links.
- If you have any questions about financial aid, please see Vickie Ralph.



Many thanks to everyone who donated to the Holiday Drive benefiting Windy Hill in Middleburg. All the items donated were very appreciated. Thank you to everyone in the Hill School community who responded with such generosity and spirit of the season.

Coming up at Hill:

Fri., Jan. 8	Ski Club, extra early dismissal at 11:00 am.
Sat., Jan. 9	SSAT testing at Hill. 7th and 8th grade students that have signed up, arrive at 8:00 am.
Tues., Jan. 12	JV White Girls Basketball vs. LCDS at LCDS. Game at 3:00, dismissal at 4:45 pm.
Wed., Jan. 13	6 Boys Basketball vs. Powhatan at Hill. Game at 3:15, dismissal at 4:15 pm. JV Boys Basketball vs. Powhatan at Hill. Game at 4:00, dismissal at 5:15 pm. V Boys Basketball vs. Powhatan at Hill. Game at 5:00, dismissal at 6:15 pm. 6 Girls Basketball vs. Powhatan at Powhatan. Game at 3:15, dismissal at 4:45 pm. JV Green Girls Basketball vs. Powhatan at Powhatan. Game at 4:00, dismissal at 5:45 pm. V Girls Basketball vs. Powhatan at Powhatan. Game at 5:00, dismissal at 6:45 pm.

FOR RENT: 5 stall barn and paddock located 1 mile west of Middleburg. Great ride out and super convenient to town. Rent is \$900/month. Call Chet for more information (703) 203-5302.

FOR SALE: Sound of Music T-shirts. Medium and Large available. \$10. Contact eghosig@thehillsschool.org.



Kingswood Camp For Boys: Information Session

Wednesday, January 13 in the Hill School Alumni Room

Kingswood Camp is a traditional boys summer camp located on Lake Tarleton in Piermont, New Hampshire. Run by the Wipfler family, Kingswood features a dynamic program set in a friendly and welcoming community. Boys choose their own schedules from a wide array of activities including sports, hiking/trips, waterfront activities, unique games, and much more.

5:00 to 5:30 pm: Informal Meet and Greet

5:30 to 6:30 pm: Slideshow and Question & Answer Session

www.kingswoodcamp.com

RSVP to wipfler@kingswoodcamp.com

603-795-2235

Directions to Bryce: (about 1 hour 30 minutes)

- Middleburg to Interstate 81 S.
- From Interstate 81 S. take Exit 273 (Mt. Jackson, Basye).
- Make a right at stop sign at the end of the exit ramp. (Rt. 703 W)
- Continue until next stop sign – take a left. (Rt. 614)
- Stay on this road until you come to a stop sign – make a right. (Rt. 263 W)
- Follow this road until you turn right into Bryce Resort.

* Please do not rely on GPS, it will take you over secondary and service roads. These directions are more efficient.





C3 Cyber Club presents

Kids Computer Classes

As a part of Hill School's After School Program

Minecraft Programming using LUA

Using a custom mod called "Computercraft", students will learn how to program robots called "Turtles" inside the world of Minecraft. Kids will utilize problem-solving skills by learning how to program their robots to complete various tasks such as programming their turtles to automatically build, mine, and craft items and structures. They will be introduced to programming if-then-else statements, for-while loops, and implement their own functions using LUA, a simple scripting language. Looking for a fun way to introduce your child to programming? Why not do it using a game they love!

Note: Basic reading skills required. Experience playing Minecraft preferred, but not required. Please email us for details.

Returning students benefit from NEW exercises and lessons!

Grades 1 - 3



Topics Learned

- Programming concepts
- Variables
- Program loops
- Bug finding & fixing

Skills Gained

- Problem-solving
- Logic & Reasoning
- Coding efficiency
- Keyboard confidence

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Note: Basic reading skills required. Experience playing Minecraft preferred, but not required. Please email us for details.

Returning students benefit from NEW exercises and lessons!

Grades 4 - 8



Topics Learned

- Programming concepts
- Variables
- Program loops
- Bug finding & fixing

Skills Gained

- Problem-solving
- Logic & Reasoning
- Coding efficiency
- Keyboard confidence

Class Information

Minecraft Programming (1-3)

Wednesday
1/27 - 3/2
4:05pm-5pm
Room | TBD

Minecraft Programming (4-8)

Wednesday
1/27 - 3/2
5:05pm-6pm
Room | TBD

6 Classes
\$150
per student

Sign up Online

WWW.C3CYBERCLUB.COM



We Provide Laptops & Software!

Learn more about us! Visit www.c3cyberclub.com



Attention Hill Families!

Are you interested in growing your own produce in a community garden with the help and advice of a master gardener? Grow with us in the Gunnell Garden! Each year local Hill School families are invited to enter their names in the Gunnell Community Garden lottery. If your name is drawn you will pay a small maintenance fee of \$25 to use a raised bed in the Gunnell Community Garden for one growing season. Please bear in mind gardening requires commitment and regular maintenance! If interested email or call Martha Burke by Jan. 15, 2016 to be entered in the garden drawing. 540-592-3001, or mburke@thehillsschool.org.

The National Mythology Exam will be offered to any interested students in grades 6-8 on Wednesday, March 2nd during study hall!

This is a multiple choice exam, testing your knowledge of Greek and Roman mythology in general, and this year's theme "JASON" in particular.

There is no cost to take the exam, just make sure you are available after school on March 2nd and sign-up with Mrs. Lovelette by MONDAY, JANUARY 11th.

Nutrition Nuggets



"App"y New Year!

Welcome back and Happy 2016!

If ramping up the health of your family is on your goal list for this New Year, check out some of these kid-tested apps that introduce children of all ages to the value of health and nutrition.

Smash Your Food (\$2.99): This popular app let's you smash real food images to unveil the actual sugar, salt and oil content compared to what is actually recommended. Kids will enjoy smashing a real burger or watching a can of soda explode, all while learning valuable nutrition information. (Adults love this one too!)

Awesome Eats (Free): This app was created by the Whole Foods Foundation to familiarize children with fruits and vegetables. This fast-paced game challenges kids to stack/sort fruits and vegetables to earn points. There are 64 levels that increase in difficulty as children continue to learn practical health information. While the first few levels are best for younger children, the pace quickens and the challenge increases to keep the attention of older children too.

This is My Body - Anatomy for Kids (\$2.99): Created by a team of medical doctors, educators and parents, this app allows children to explore and learn about the human body, including topics such as the 5 senses, all of the oh-so-important systems (respiratory, digestive, circulatory, nervous, etc.), growing, and skin's protective role.

Max's Plate (Free): With this game, kids are encouraged to 'play with their food' as they learn about food groups, and how to make the healthiest meals by creating their own "MyPlate". A perfect way to teach kids about eating a balanced diet.

Meal Makeovers (\$1.99): From the kitchen of Registered Dietitians, this app is more for grown-ups, but bringing kids into the kitchen is always the best way to learn. Meal Makeovers is a recipe app that provides healthier, more nutrient rich versions of your family's favorites! And yes, their recipes are kid-approved! Nutrition information is also included for all recipes.

Here's to a happy and healthy year ahead!

*References: Food & Nutrition Magazine; Eat Right for Kids

*Nutrition Nuggets is intended to provide information and ideas on health and nutrition topics. Please remember that any major changes in lifestyle or diet should first be discussed with your physician.

Did You Know?

Looking for food safety info, you say? There's an app for that too! Perfect Picnic (Free) teaches about hand washing, food temperatures, and cleaning cooking/food prep surfaces!

Questions or comments? Please email me at Cristin@myCompleatNutrition.com.

To your health,
Cristin Wipfler, MPH, RD, CPT

