



# TAKE NOTE

The Hill School  
(540) 687-5897  
www.thehillschool.org

## MAY 8, 2014

### Spring Weekend at Hill

**Friday:** Grandparents and Special Friends Day.  
(See schedule and Dress for children below.)  
Student Art Show in the Art Room (See information on page 2)  
Alumni Spring Reception in the Performing Arts Center lobby.

**Saturday:** Auction – Rock the Kasbah



### Grandparents & Special Friends Day Friday, May 9th

9:30-10:15 Registration / Reception in the Peard Music and Lunchroom Building. Refreshments will be available in the Lunchroom throughout the day.

10:15 Welcome/Opening Remarks by Treavor Lord.

10:30-12:40 Classroom Visits and Performances.

Chorus Concerts in the Performing Arts Center.


10:30-11:05	JK, Kindergarten, 1, 2
11:10-11:30	7, 8
11:30-12:05	5, 6
12:05-12:40	3, 4

When children are not performing, they will be in their classrooms for special activities.

12:45 Kasbah Kash Drawing for \$10,000

Maypole, performed by Eighth Grade Girls.

1:00 Dismissal for all students in Grades JK-8



### Dress for Grandparents and Special Friends Day:

**Grades JK-3**


Girls: Spring Dresses, or bright, colorful shirts with skirts, pants, or shorts.

Boys: Colorful polo shirts, nice shorts or pants.

**Grades 4-8**

Girls: Spring dresses, or blouse and skirt. No shorts. Shoes – no sneakers.

4-7 Boys: Bright or pastel colored polo or button-down shirts and khakis (long or short). Shoes – no sneakers.



### Rock the Kasbah

Open for preview and pre-resistration tomorrow, Friday, until 2:00

Preregistration is highly recommended to prevent long lines on Saturday evening.



### Summer 2014 at Hill School Update:

Soccer mornings rescheduled for July 14-18

A list of all camps and registration forms are available at [www.thehillschool.org](http://www.thehillschool.org)

## Coming up at Hill:

Fri., May 9	Grandparents & Special Friends Day, dismissal at 1:00.
Sat., May 10	Rock the Kasbah Auction
Wed., May 14	Grade 3 Montpelier. 8:30-4:00
Thurs., May 15	6th Grade presents: "The Seussification of Romeo and Juliet" at 11:00 am and 7pm.
Fri., May 16	Grade 7 Kayaking, 8:45-5:00 Grade 8 to Leesylvania State Park. 7:30-5:00
Sun., May 18	Mariposa and Little Sisters Concert, 3:00 in the Music Room
Fri., May 23	Green & White Track Meet 12:00-3:00.
Tues.-Wed., May 27-28	Spring Book Fair

### Hill School Art Show 2014

May 9th 8:30 a.m. to 2:00 p.m.

This year's art show will be a real treat, so make sure you stop by the Art Building on Friday, May 9th to see the students' work!

Recommended visiting times for students and their grandparents:

10:30-11:00 Grades 7 & 8

11:00-11:30 Grades 5 & 6

11:30-12:00 Grades 3 & 4

12:00-12:30 JK, Kindergarten, 1 & 2



To participate, submit the form from last week's Take Note to the Front Desk by Monday, May 12th.

**Everyone who successfully completes the entire week "screen free" will get a coupon from Scruffy's for a "double-dipper" with sprinkles.**

The Hill School Alumni Association Board invites you to the

### Annual Alumni Spring Reception

In addition to renewing ties with alumni and former teachers the school will dedicate a new sculpture

*Ianua* by John McCarty

In honor and memory of Mia McIlvaine '61

Friday, May 9th, 2014

6:00-8:00 pm

The Sheila C. Johnson Performing Arts Center

Please RSVP to Haley Walsh

hwalsh@thehillsschool.org or 540-687-5897

### Mariposa and Little Sisters Concert

Don't miss a chance to see your favorite singing girls!

Sunday, May 18th

3:00 in the Music Room

Questions? Please contact Mrs. Chase at [kchase@thehillsschool.org](mailto:kchase@thehillsschool.org)



### 2013 Green-White Track Meet

Friday, May 23rd 12:00-3:00

All 4-8 students participate in Green-White competition.

Parents are invited and encouraged to attend.

A schedule of events will be distributed in a future Take Note.

Students in grades K-3 will have a regular school day.

Come and learn polo at the Virginia International Polo Club in Upperville. Open for children from 8 to 16.

We have appropriate horses for beginners and intermediates. Friendly and professional staff.

June 24-27th

July 15-18th.

9am-1pm

\$300 per week

For enquiries or to register contact Kirsten at 561 203 0400 or

[Kirsten@poloconcierge.com](mailto:Kirsten@poloconcierge.com)

<http://www.vipoloclub.com/learn-to-play-polo/junior-polo-sessions/>

3<sup>rd</sup> Grade Fundraiser

# Hill School Cinch-Style Backpack

**Order Deadline:  
tomorrow  
morning  
(Friday, May 9)**



**Order Deadline:  
tomorrow  
morning  
(Friday, May 9)**

Perfect for Sports Gear, Swim Gear, and Summer Day Camps

Choose White Backpack with Green Hill School Lion Logo

or

Graphite (Dark Grey and Black) Backpack with White Hill School Lion Logo

Can be Monogrammed with Your Child's Name or Initials

\$35 Without Monogram

\$40 With Monogram

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Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Backpack Color (check one): White \_\_\_\_\_ Graphite: \_\_\_\_\_

Monogram Text: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

*Please make your Check out to Hill School with "Class of 2019" in the Memo line and bring your order form to the front desk **by Friday morning, May 9<sup>th</sup>**.*

**MISSING:** Barbour jacket, ladies xxsmall , if found, please call Cathy Brentzel , 412-475-2052

**FOR RENT:** 3 bedroom , 2 bath cottage on horse farm minutes from Middleburg. \$1,500 month. call Okey Turner, 540-270-9363.

**FOR SALE:** Husqvarna riding lawn mower, 20 hp, 42in cut. Like new, used once. \$1000 or best offer. Can deliver locally. Call Okey Turner 540-270-9363

**FOR RENT:** Charming 4BR 2BA cottage in mint condition overlooking panoramic mountain views, located in scenic easement. Stone fireplace, granite countertops, large walk in closets, high ceiling throughout, separate shower & soaking tub French doors to slate patio. Very private & minutes from downtown Middlebug. \$2600 per month. Available July 1st. Center aisle barn w/2 paddocks also available. Call Kelli 703-966-9432 for more information.

**AVAILABLE:** Available for house, pet and child sitting for the summer. Montana Crawford, Hill '07 and Foxcroft '11 703-459-3358.

**AVAILABLE:** Hastings Williamson, an almost seventeen year old sister of Briggs Williamson, is currently looking for work as a part time nanny, babysitter, and pet/ house sitter. She is an honor student at Wakefield School, kind, and reliable. She has her driver's license and her own transportation, if needed. Calls are being taken by Hastings mother, Martha, for scheduling. Contact: 304-283-1593

Don't miss Auction Item #168 : One Week of Fun Days Summer Camp

**fun days @ foxcroft**  
**Summer Camps**

**DON'T FORGET**  
to Register for  
**fun days @ foxcroft**  
at Foxcroft School in Middleburg!  
Camps are one week sessions  
**June 16th - August 8th**  
**9:00 am - 3:00 pm**  
Extended care and  
transportation available

ask the kids what  
activities they want  
to do at Foxcroft ...  
Theater - Sports  
Hand Sewing - Archery  
Art - Riffery - Music  
Fishing - Dance - Field Hockey  
Nature Trekking - Science  
Aquatics - Needlepoint  
Baking - Tennis - Legos  
Felting - Photoshop

Learn more & Register at  
[www.foxcroft.org/gofundays](http://www.foxcroft.org/gofundays)

~~~SAVE THE DATE~~~

6th ANNUAL  
CHINN LANE YARD SALE

Saturday, May 17

## Pastels in the Morning at Hill

Saturday, May 10<sup>th</sup>  
10 am to Noon

Come join Hill parents, special friends, alumni,  
and current students in a morning  
spent drawing with beautiful pastels!

We will be working outside near the art building,  
so please dress appropriately.  
Materials will be provided.

Local pastel artist, Tia Maggio will be joining Ms. Conti  
and Mrs. Woodruff for this special morning. Join us!

Sign up by calling The Hill School front desk at  
540-687-5897 by May 9<sup>th</sup>.



## Fashion and Art Camp 2014!

June 9th-13th, June 16th-20th and June 23rd-27th  
9:00-12:00

Rising 5th through 8th grade girls  
\$150 for the week (includes supplies and snacks)

Join me for up to 3 weeks of creativity, fun, and of course, some fashion! Throughout the week, campers will play and create while learning different styles and techniques. We will work on many different projects including color scheme paintings, music inspired art, and our own fashion lines, but this time with a different perspective and new twist on illustration. In addition to studio art projects, we will also have fun with jewelry making, mixed media and collage, and fashion illustration.

Please contact Campbell Hartley (Hill '10, Foxcroft '14)  
scampbellh@gmail.com  
call/text me (540) 359-9115

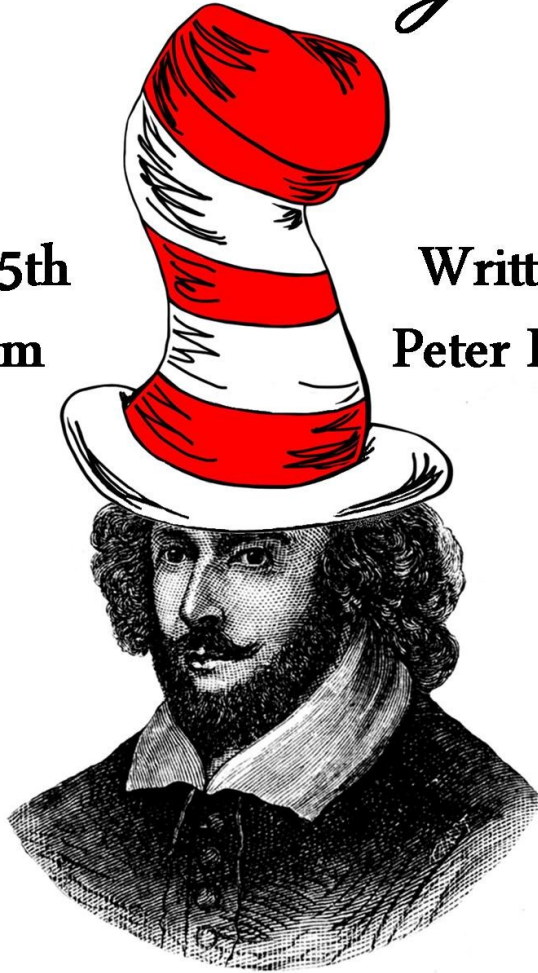


The Hill School 6th grade presents...

# **The Seussification of** *Romeo and Juliet*

May 15th  
at 7pm

Written by  
Peter Bloedel



Hill School is offering  
morning bus service,  
beginning next year.  
To learn more, please  
come to a

Bus Service Meeting , May 14th ,  
8:30 am, in the Alumni Room  
Or call Kelly Johnson at 540-687-5897  
for more information

GET YOUR TICKETS IN ADVANCE  
AND GET TWO EXTRA RAFFLE TICKETS!!

JOIN US UNDER THE STARS AND SUPPORT THE 1<sup>st</sup> GRADE CLASS  
AT

# FAMILY MOVIE NIGHT!!

FEATURING

## Monsters University

Starting at 7 p.m. on May 16<sup>th</sup> in the Hill School Amphitheater  
(movie will begin at sundown)



**Bring Your Blankets and Lawn Chairs...**

**Come Early and Come Hungry!!**

We will be selling Teddy's Pizza, Hot Dogs, Gluten-Free Chicken Nuggets,  
Popcorn, Candy, Monsters University Themed Baked Goods, and Drinks!!

**Tell Your Friends & Family... Everyone is Welcome!**

Admission is \$5 per child under 18  
Adults are free when accompanying a child

**FILL IN THE FORM BELOW NOW TO RECEIVE TWO EXTRA RAFFLE TICKETS FOR**

Grand Prize: A Family Movie Basket with Four Movie Passes, Candy, and More

Second Prize: A Monsters University DVD

(Winners Will Be Announced in Take Note on May 22<sup>nd</sup>)

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### Family Movie Night Advanced Ticket Form

Name(s): \_\_\_\_\_ Number of Tickets: \_\_\_\_\_

Please Include \$5.00 (Cash or Check Only) for Each Person Under 18; Adults Accompanying Children are Free

\*\*Forms Must be Placed in an Envelope with Payment and Dropped off at the Front Desk Before May 9<sup>th</sup> to Receive Extra Raffle Tickets  
(Your name(s) will be placed on a Will Call list and you may check in at the ticket table on Movie Night)

2nd Grade presents:

# PIZZA PARTY LUNCH!



**2 SLICES OF PIZZA  
BABY CARROTS  
& A FREEZE POP!**

**\$7** (Get an extra slice  
for \$2 more!)

## Thursday May 15th

Name: \_\_\_\_\_ Grade \_\_\_\_\_

Cheese  Pepperoni  Extra Slice for \$2

Please drop order forms at the front desk with cash or check made payable to the Hill School with "Class of 2020" in the memo line, by Tuesday May 13th!

# Nutrition Nuggets



## 'Tis the Season!

Spring has sprung (finally!) and that means the days are longer, the weather is warmer, and more of your favorite fruits and vegetables are in season! Not only are seasonal fruits and veggies less expensive, but they also taste MUCH better and have more nutrients. Check out the list below to figure out what to select the next time you are at the grocery store or Farmer's Market (**bold** signifies those found locally). FYI: the Middleburg Farmer's Market opened last weekend and other farmers' markets in Loudoun County can be found at: <http://www.loudounfarmersmarkets.org/index.php>. Farmers' markets in Fauquier County can be found at: <http://www.fauquiercounty.gov/government/departments/AgDev/index.cfm?action=farmersmarket>.

## SPRING fruits and veggies!

- |                    |                   |                         |                             |
|--------------------|-------------------|-------------------------|-----------------------------|
| * Apricots         | * <b>Chives</b>   | * <b>Mustard Greens</b> | * <b>Baby lettuce mixes</b> |
| * Artichokes       | * <b>Collards</b> | * New Potatoes          | * <b>Strawberries</b>       |
| * <b>Asparagus</b> | * Fava Beans      | * Pineapple             | * Sugar Snap-peas           |
| * Avocados         | * Fennel          | * Rhubarb               | * Snow Peas                 |
| * Carrots          | * Mangos          | * <b>Spinach</b>        | * Watercress                |

## Just around the corner ...SUMMER fruits and veggies!

- |                       |                      |                        |
|-----------------------|----------------------|------------------------|
| * <b>Beets</b>        | * <b>Cucumbers</b>   | * <b>Raspberries</b>   |
| * <b>Blackberries</b> | * <b>Eggplant</b>    | * <b>Summer Squash</b> |
| * <b>Blueberries</b>  | * <b>Green Beans</b> | * <b>Tomatoes</b>      |
| * <b>Broccoli</b>     | * <b>Nectarines</b>  | * <b>Watermelon</b>    |
| * <b>Cantaloupe</b>   | * <b>Peaches</b>     | * Zucchini             |
| * <b>Corn</b>         | * <b>Plums</b>       |                        |

\* Reference: VA Dept of Agriculture and Consumer Services, foodnetwork.com, Kingsolver, Barbara. [Animal, Vegetable, Miracle](#), pg. 5.

\*Nutrition Nuggets is intended to provide information and ideas on health and nutrition topics. Please remember that any major changes in lifestyle or diet should first be discussed with your physician.

## *Did You Know?*

Fresh herbs are in season, locally, throughout the calendar year!

Questions or comments? Please email me at [Cristin@myCompleatNutrition.com](mailto:Cristin@myCompleatNutrition.com).

To your health,  
Cristin Wipfler, MPH, RD

