Join the Hill School Float for Christmas in Middleburg

Christmas in Middleburg is Saturday, December 6th. All JK-3 children are invited to ride along with the Hill School lion on our float in the Christmas in Middleburg Parade. Please sign up at the front desk if you plan to participate. You will need to dress warmly and meet at the float along the Hill School’s Cross Campus Road between 1:30 and 1:45. Pick up will be immediately after the parade at the Hill School’s back traffic circle (near Art room).

To ensure the safety of our children, all children must be on the float by 1:45. No children will be allowed to join the float once we start moving, or be picked up from the float before we return to the art circle.

Questions? Contact Donna Potter at montog@aol.com.

More about Christmas in Middleburg is at their website http://www.christmasinmiddleburg.org/

Greens Are Here!

Greens are available for pick up Thursday, Dec. 4th in the afternoon and Friday, Dec. 5th, all day.
Coming up at Hill:

Fri., Dec. 5  Grade 7 returns from Williamsburg at 3:00.
   After School Climbing Club, 3:00-4:00 pm. Families Climbing the Walls, 5:30-7:00 pm.
Sat., Dec. 6  Christmas in Middleburg Parade (see page 1 for more information on the Hill School Float)
Thurs., Dec. 11  JV2 Boys Basketball vs. LCDS at LCDS. Game at 3:00, dismissal at 4:45 pm
   JV1 Boys Basketball vs. LCDS at LCDS. Game at 4:00, dismissal at 5:45 pm
   V Boys Basketball vs. LCDS at LCDS. Game at 5:00, dismissal at 6:45 pm
   V Girls Basketball vs. LCDS at Hill. Game at 3:00, dismissal at 4:15 pm
   JV2 Girls Basketball vs. LCDS at Hill. Game at 4:00, dismissal at 5:15 pm
Fri., Dec. 12  Noon Dismissal for all grades. Faculty meetings will be held in the afternoon.
Sat., Dec. 13  Christmas in Middleburg Parade (see page 1 for more information on the Hill School Float)
Mon., Dec. 15  JV1 Girls Basketball vs. Edlin at Hill. Game at 4:00, dismissal at 5:15 pm
Thurs. Dec. 18  Grade 7 St. George and the Dragon Performances at 11:00 am and 3:00 pm.
Fri., Dec. 19  Holiday Program at 10:30 am. Students are dismissed for the two week vacation after the program.
Mon. Jan. 5  School re-opens.

Climbing Wall Events:
   Friday, December 5th

After School Climbing Club
3:00-4:00pm (free for Hill School Students)

Families Climbing the Walls
5:30-7:00pm ($30/family, extended families welcome!)

Questions? Please contact Mrs. Kidder at pkidder@thehillschool.org

Ski season is coming!

Sign up forms were attached to last week's Take Note and are due to the office by Friday, Dec. 12.

Parents and students renting equipment need to pick up rental forms at the front desk or download them from The Hill School website (See "Helpful Hints—Bryce Rental Forms.") Completed rental forms need to be returned to Hill School before Winter Break.

Please note: There was an error in the ski forms. Helmets be available for $6/day from the Ski Boutique.

NEEDED: Looking to borrow a stroller for my granddaughter over the Christmas holiday. Dec 18 to Dec 28. Call Linda Hart, 703-727-1950 or e-mail dogwalker8@mac.com


WANTED: Administrative Assistant / Farm Secretary. Ideally full time. Must be super organized, and self-directing. If interested, please send resume to tim@traditions-lp.com.

AVAILABLE: Lizzy Catherwood, Hill School Class of 2012, available for babysitting! Junior at Middleburg Academy, Licensed, and Red Cross Babysitting Certified. Will be around for all of upcoming Christmas break as well! Phone: 571-442-0792 or email lizzyhcatherwood@gmail.com.


FOR SALE: Pristine Boy's Brooks Brothers Blazer- size 12-14, worn ONCE! Gorgeous lightweight, 2-button navy blue Piana Italian wool with gold buttons. Standing ready for a Nutcracker attendance with grandmama... or Cotillion. $248 new. Suggesting a $50 donation to Oceana (www.oceana.org). Please contact Anne Rowley (831)234-0773 or annerowley@mac.com.

LOST: Brown kids Barbour jacket. If found, please call 540-687-3578 or email mollyewert@verizon.net.

WANTED: Used ski equipment for Hill School teacher. Looking for boots (Men’s size 11) and skis (170-180). Contact Paul Haefner at (703) 727-3205.
Hill School Student Council Supports Windy Hill for the Holidays

Dear Parents,

Hill School’s Student Council is asking our school community to help brighten the holidays for residents of Middleburg’s Windy Hill neighborhood. * Please consider supporting the Student Council by providing small holiday gifts for Windy Hill children. * Our faculty will be helping to support this program as well. * To make the process as easy as possible for families to participate, Room Parents in each grade have been given a list of needs to distribute to classes. * Each of us can volunteer to make a small purchase and demonstrate the joy of helping others. * For those who wish to participate, here’s how: * Select a gift from your class list and confirm with the front desk to avoid duplications. * Consider including your child in the process of selecting a gift. * Wrap and bring gift to the front desk by December 16th (please put a removable post-it note on the outside that lists recipient and contents). * A personalized gift tag will be attached and the gift placed under Hill’s giving tree in the front lobby. * Anyone wishing to provide additional support or gifts, please contact Emily Tyler or Ann Northrup.*

Many thanks for your continued support and generosity,
The Student Council

Join us for Middleburg’s first Oughton Limited Trunk Show!

Equestrian lifestyle gifts for everyone on your list!

Tacktrunk Bags, Belts, Bootbags, Barn Totes, Equestrian Inspired Accessories & More!

Mon 12/8 9:00-noon Home of Brooke Myatt
302 West Washington St

Tues 12/9 & Weds 12/10 Noon-5:00 STITCH
112 W. Washington St

Appointments beginning Fri 12/5 are welcome for private shopping!
Contact Brooke Myatt with questions. 703-350-2565 brookemyatt11@gmail.com

Coming in January: LEGO Robotics Classes at Hill School.

Wednesday afternoons: 3:00-3:55 for Grades K-2 4:05-5:00 for Grades 3-6.

More information and sign up at c3cyberclub.com
CHRISTMAS MINI-AUCTION RETURNS!

The Holiday Mini-Auction is only a week away!

The Auction will open on Tuesday, December 9th and will close on Friday, December 12th at noon.

Please join us for a Holiday Breakfast and a Sneak Peak of the many wonderful items on Tuesday, December 9th at 8:30 am in the Alumni Room. Great Bargains, Great Shopping and No Shipping Charges!

Join Us Wednesday night, December 10th from 5:30-7:30 pm for a Holiday Reception! Enjoy spirits and spirited shopping!

Please RSVP to the Auction Office for both events. Come to the Mini-Auction and get in the Holiday Spirit!

‘THAT NIGHT IN RIO’
December 18th Lunch

Too busy to make lunch? Support the 1st grade lunch!

Menu:
3 or 5 Tacitos
Chips w/ guac & salsa
Carrot Sticks
Brownie

Feliz Navidad

$6 or $8 Make check memo: Class of 2022

Name______________________________________________

Grade______________________________________________

______ 3 Tacitos ($6) or ______ 6 Tacitos ($8)
Wakefield School Hosts Speaker Joe Ehrman

Monday, December 8, 2014 beginning at 6:30 pm.

He will be offering us his thoughts on character education, respect, positive role modeling and support for one another, and responsibilities of parents. This discussion will be appropriate for students and parents (grades 8 and above).

Please RSVP to Betty Beamon bbeamon@wakefieldschool.org, 540-253-7540 if you are able to attend.

Wakefield School
4439 Old Tavern Rd
The Plains, VA 20198
Nutrition Nuggets

**Pear Crisp Recipe**

Perhaps Homer described the pear best when he called it a "gift of the Gods" in *The Odyssey*. This versatile fruit is both flavorful and nutritious. With 24% of the daily recommendation of fiber found in the skin and flesh of pears, it is one of the highest fiber fruits around! Pears are also an excellent source of vitamin C, vitamin K, and copper. In addition, they have high amounts of antioxidants, which help fight free radicals, and these levels actually increase as the fruit ripens.

This holiday season, try a this healthier version of a **pear crisp** from my friends at Nutrition Action:

**Total Time:** 1 hour 20 minutes; serves 12

**Ingredients:**
- 8 ripe, firm pears, cored and chopped
- 2 Tbs. lemon juice
- 1 Tbs. + ½ cup packed brown sugar
- ½ cup whole-wheat flour
- 1 ½ cups old-fashioned rolled oats
- ½ tsp. cinnamon
- ¼ tsp salt
- ¼ cup chopped walnuts
- ½ cup butter, cut into small pieces
- ¼ cup canola oil

**Directions:** Preheat oven to 350° F

1. In a large mixing bowl, mix the chopped pears with the lemon juice and 1 Tbs of sugar.
2. In a medium bowl, mix the ½ cup of sugar with the flour, oats, cinnamon salt, and walnuts. With a fork, thoroughly mix in the butter and oil.
3. Sprinkle the crumble evenly over the top of the pears
4. Bake until the topping is browned and the pears are tender, 50-60 minutes

**Nutrition Information (per serving):**
- Calories - 250,
- Total Fat - 11g,
- Saturated Fat - 3g,
- Sodium - 55mg,
- Carbohydrates - 37g,
- Fiber - 5g,
- Protein - 3g,
- Added sugar - 2 ½ tsp

[https://www.nutritionaction.com/dailyhealthy-recipes-pear-crisp.](https://www.nutritionaction.com/dailyhealthy-recipes-pear-crisp.)*

*Nutrition Nuggets is intended to provide information and ideas on health and nutrition topics. Please remember that any major changes in lifestyle or diet should first be discussed with your physician.*

**Did You Know?**
Pears absorb smells; therefore, it is important to store pears away from other strong smelling foods ~ both on the counter and in the refrigerator.

Questions or comments? Please email me at Cristin@myCompleatNutrition.com

To your health,
Cristin Wipfler, MPH, RD
Saturday, December 13th
10:00 am - 4:00 pm
Shop at the

3rd Annual
Hill Holiday Marketplace!

in the Sheila C. Johnson Performing Arts Center
130 S. Madison St., Middleburg, VA 20117

• Browse and shop for treasures and treats!

• A great place for children to shop too!

• Unique array of vendors including:
Mystique Jewelers, Origami Owl Lockets, Arbonne Skin Care and Cosmetic Products, Handmade Jewelry,
Belt Buckles, Quilts, Artwork, Crazy Critters,
Sock Monkeys, Mello Out Marshmellos, Cakepops,
Infamous Almond Cakes, and much more!

• Food by Betty’s Chips and Salsa, featuring Chili Nachos!

Please Contact Haley Walsh
hwalsh@thehillschool.org or
540.687.5897
with questions and interest.