

# TAKE NOTE

The Hill School (540) 687-5897 www.thehillschool.org

**JANUARY 7, 2021** 

# WELCOME BACK

### **Re-Enrollment for Next Year**

#### **Re-Enrollment for Full Tuition Families**

- February 1<sup>st</sup> 2021-2022 contracts will be populated in your BigSIS portal.
- February 19<sup>th</sup> 2021-2022 contracts are due back to ensure spots are held.

#### **Re-Enrollment for Financial Aid Families**

- December 10<sup>th</sup> The FAST (Financial Aid for School Tuition) process is open – click <u>here</u> to begin.
- February 15<sup>th</sup> Deadline to apply for Financial Aid.
- February/March Financial Aid contracts will be populated in your BigSIS portal. Contracts are due two weeks after they are issued.

If you have questions regarding re-enrollment in general please contact Kelly Johnson.

Questions regarding Financial Aid should be directed to Sarah Kuehn.









SOME FAMILIES MIGHT WANT TO GO SKIING ON FRIDAY AFTERNOONS ON THEIR OWN.

FOR HILL SCHOOL FAMILIES, BRYCE IS OFFERING A 40% DISCOUNT ON ALL SKI LIFT TICKETS AND RENTALS ON FRIDAYS ONLY FROM JANUARY 8 UNTIL FEBRUARY 12.

TICKETS MUST BE RESERVED ONLINE AND IN ADVANCE WITH THE PROMO CODE TO RECEIVE THE 40% OFF.

PLEASE CONTACT SILVIA FOR THE CODE.

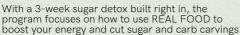
AVAILABLE: Stable available for rent on 9 acres near Middleburg, VA, off of Zulla Road starting 1-2021. Will accept up to 5 horses, perfect for hunters, retirees, polo ponies, etc... There are 5 stalls, a heated wash stall, tack room, bathroom, 2 paddocks, and a run-in shelter on rolling acres with many riding trails to enjoy. Flat space is available for a portable paneled ring. The renter will be responsible for manure disposal. The owner will pay for electricity, bush hogging, and fence repairs. Looking for a quiet arrangement, rent is negotiable for the ideal situation, \$900 a month. Please text or call 540-454-7252 with your interest.

FOR RENT: One Bedroom Efficiency Apartment Available January 15th. Large loft bedroom, bath, and efficiency kitchen with washer dryer in unit, on quiet horse farm 12 minutes from Middleburg. \$900/month, utilities included. Call Barbara at 540-364-1930.



#### PART NUTRITIONAL EDUCATION. PART SUGAR DETOX. PART SUPPORT GROUP-AN EMPOWERING COMBINATION

The RESTART® Program is a simple, powerful way to give your body a vacation from sugar and processed foods.





#### IN OUR 5 WEEKS TOGETHER, YOU WILL LEARN

JANUARY 11-WEEK 1: How to prepare for your REAL FOOD sugar detox JANUARY 18-WEEK 2: Your digestive check-in JANUARY 25-WEEK 3: What sugar really does in your body FEBRUARY 1-WEEK 4: The truth about FATS

FEBRUARY 8-WEEK 5: How to move forward and celebrate your success

#### BENEFITS THAT PARTICIPANTS HAVE EXPERIENCED:



Increased Energy



**Boosted Immune** System



More Restful Sleep



**Clarity and Focus** 



Clothes Fit Better



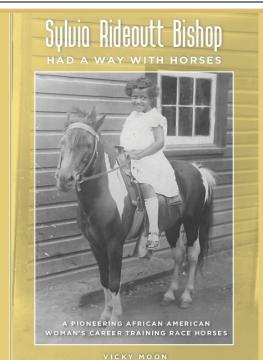
Decreased Anxiety

Register for 2:30PM class at https://restartyourhealth.eventbrite.com

Register for the 4PM class at https://restartyourhealth4pm.eventbrite.com

Middleburg Community Center: 300 W. Washington Street, Middleburg Questions? Call or text Maureen St. Germain, FNTP at 540.642.0808

Click Here for 2:30PM Class Click Here for 4PM Class



Vicky Moon, the proud mom of Hill School alum Taylor Shapiro, has a new book out--her tenth. It's called "Sylvia Rideoutt Bishop Had a Way With Horses," and chronicles the life the nation's first African American female trainer of Thoroughbred racehorses working out of her home town track in Charles Town, West Virginia. The book is available at Second Chapter Books in Middleburg and can also be ordered at vickymoon.com.



## Is better health at the top of your list for 2021?

Thinking of getting back on track after guarantine and the holidays? What health accomplishments do you want to be celebrating a year from now? Whether you're ready to make an all-in splash, or would prefer to just dip your toe in the water, I am here to support you in those goals!

I'm Cristin Wipfler (Hill '94, and mom of Liam '26, and Olivia '31), Registered Dietitian and holistic health coach. I founded p.e.a.c.h out of my passion to inspire and empower others to achieve greater health and happiness through small but powerful lifestyle shifts. I apply an integrative and holistic approach that is specific to your needs, and focused on fueling and nourishing your body and mind with real food and a strengthened mindset.



Ready to feel your best in 2021? Let's chat! I have 10 free 30-min jumpstart calls available for January and would love for one of those to be yours. Visit me online or call today!

peach-strong.com 571-207-8089



# Aloha!

## Welcome to Acquisitions!

We are excited to launch our very first Zoom Acquisition Meeting on

Wednesday, January 13th at 10:00 am.

Thank you SO MUCH to those who have already volunteered to be on our committee!

Look for the zoom meeting information in your email.

Please EVERYONE consider joining us and try out one meeting! Simply sign on by using the information below.

Brainstorm and share ideas!

It will be fun!

No obligations!

Join Zoom Meeting
https://us02web.zoom.us/j/4940473975?
pwd=UEJRWU5hYkRrcTJSYTdWSi8rR3NkQT09
Meeting ID: 494 047 3975
Passcode: auction

Please join us.....We need your ideas and your participation! See you on Wednesday!