

TAKE NOTE

The Hill School (540) 687-5897 www.thehillschool.org

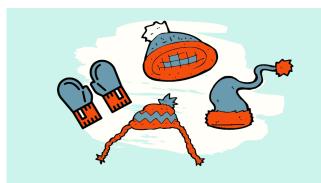
DECEMBER 3, 2020

2020-2021 PARENT ANNUAL GIVING CHALLENGE UPDATE



12 days to go! Thank you to the 60% of parents that have already participated!

Go to http://www.thehillschool.org/giving to donate



PLEASE WATCH FOR COMMUNICATION FROM THE HOMEROOM TEACHERS REGARDING OUTERWEAR AND ANY OTHER SUPPLIES OR MATERIALS THE CHILDREN WILL NEED AS THE WEATHER GETS INCREASINGLY COLDER IN THE COMING WEEKS AND MONTHS.

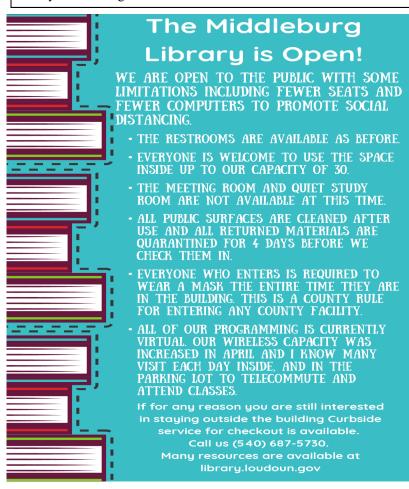




SEEKING: Hill School faculty member seeking no longer used, working condition indoor exercise equipment (treadmill, bike, elliptical, rower) to stay active this winter. If you have something that you are looking to rehome, please call or text 646-539-9565 or e-mail ecoulter@thehillschool.org. Can pick up.

AVAILABLE: Horse barn available for rent in Middleburg, VA starting 1-2021. Will accept up to 5 horses, perfect for retirees. 5 stalls, wash stall, hayloft, heated tack room, bath room, 2 paddocks, and a run-in shelter on 8 rolling acres with riding trails to enjoy. The renter will be responsible for manure disposal. The owner will pay for electricity, bush hogging, and fence repairs. Looking for a quiet arrangement, rent is negotiable for the ideal situation. Please message with your interest 540-454-7252.

AVAILABLE: Available Immediately for Holiday Help, Lilly Potter can watch your home and/or your indoor/outdoor pets.I can also watch indoor pets at my home, if preferred. Numerous local references; Hill/Foxcroft/Hollins grad currently at W&M Law and home for holidays now through Jan 10th. Please text 540-498-2500 or email fiver148@gmail.com.





Traveling? Visiting a higher-risk family member?

Need testing for work?

NOW OFFERING Asymptomatic COVID-19 Rapid Result testing.

*Nasal swab *Results in 15 minutes *Full price Covid testing \$150. Immunity bag \$175. This promotion ends 12/31/2020.

*Note: this is a chromatographic assay test, not a molecular test. If you are traveling out of the country, please verify with your destination country which type of test they require. This test is widely accepted for travel inside the U.S.**

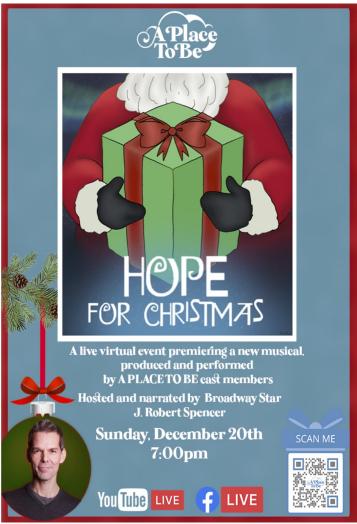
Call or email for a prescreen and to schedule your appt.

www.loopclinic.com 571-526-3505



www.loopclinic.com





OLIVIA SIMMONS (HILL SCHOOL '17) AND ISA CAHALL PRESENT...

UP YOUR GAME

Elite soccer training for all ages and skill levels. Weekly training sessions and recruiting advice from two D1 soccer signees.

Text 703-774-4334 to start training and UP YOUR GAME!!

Socially distanced training sessions and virtual recruiting webinars available. Text the number above to get involved!





PART NUTRITIONAL EDUCATION. PART SUGAR DETOX, PART SUPPORT GROUP-AN EMPOWERING COMBINATION

The RESTART® Program is a simple, powerful way to give your body a vacation from sugar and processed foods.

With a 3-week sugar detox built right in, the program focuses on how to use REAL FOOD to boost your energy and cut sugar and carb carvings.



IN OUR 5 WEEKS TOGETHER, YOU WILL LEARN

JANUARY 11-WEEK 1: How to prepare for your REAL FOOD sugar detox

JANUARY 18-WEEK 2: Your digestive check-in

JANUARY 25-WEEK 3: What sugar really does in your body

FEBRUARY 1-WEEK 4: The truth about FATS

FEBRUARY 8-WEEK 5: How to move forward and celebrate your success!

BENEFITS THAT PARTICIPANTS HAVE EXPERIENCED:



Increased Energy



Boosted Immune System



More Restful Sleep



Clarity and Focus



Clothes Fit Better



Decreased Anxiety

Register for 2:30PM class at https://restartyourhealth.eventbrite.com

Register for the 4PM class at https://restartyourhealth4pm.eventbrite.com

Middleburg Community Center: 300 W. Washington Street, Middleburg Questions? Call or text Maureen St. Germain, FNTP at 540.642.0808

Click Here for 2:30PM Class

Click Here for 4PM Class





Learn Why Families are Choosing Foxcroft

Discover for yourself what makes us experts at educating girls.

NOW ENROLLING FOR 2021-22! ATTEND ONE OF OUR VIRTUAL OPEN HOUSES:

October 12 December 4 January 15 April 23 www.foxcroft.org/admission/visit

A boarding and day school for girls in grades 9-12 & post grad www.foxcroft.org | admission@foxcroft.org | 540.687.4340 | 22407 Foxhound Lane, Middleburg, VA