



TAKE NOTE

The Hill School
(540) 687-5897
www.thehillschool.org

DECEMBER 6, 2018

**Tomorrow, Friday, December 7 - Noon dismissal for all grades
No Late Gates**

Thank you! We did it!
IT'S TIME TO CELEBRATE

THANKS TO YOU AND YOUR GENEROUS SUPPORT, WE EXCEEDED THE 90% PARENT PARTICIPATION GOAL WITH 95% OF OUR FAMILIES PARTICIPATING.

WE WILL BE RECEIVING A \$25,000 MATCHING GIFT FROM A FRIEND OF HILL SCHOOL!



St. George and the Dragon Thursday, December 20

The annual production of "St. George and the Dragon," by the 7th grade will be performed at 11:00 am (JK-3) and at 3:15 pm (4-8) in the Performing Arts Center. All families and friends are invited to either performance.



A great big THANK YOU to everyone who helped make the Hill School float such a festive addition to an otherwise dreary day! This year's float overhaul was a true group effort and included contributions from many of our students, staff, and parents.

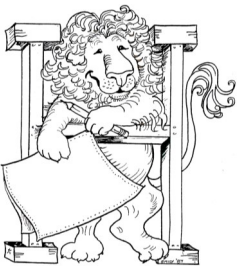
A HUGE Thank You to: Carmen Igoe for her leadership, creativity, and enthusiasm, to James Igoe for driving the float and to Paula Hamm for her help in decorating and making sure the 8th graders had containers of candy to distribute.

In addition a special thank you goes to:

- All of the lower school students who rode the float. Their holiday spirit was downright infectious!
- A great group of 8th grade volunteers. Thank you for getting into costume and bringing cheer (and candy) to the spectators!
- Jason Arwine - for power washing the wagon and cutting the signs and candy canes.
- Ashley La Shelle, Kim White, and Yuliya Zlobina - for turning our drab, brown wagon into a beautiful red "sleigh."
- Paul and Melissa Harris (and family) - for building the most beautiful North Pole Sign.
- Heather McDonald - for making our Gift Wrapped costumes.
- Tamara Harwood and Ashley La Shelle - for making our Elf costumes.
- Ashley La Shelle and Gretchen Leitch - for decorating the float.
- Linda Conti and Emily Tyler - for adding some pizzazz.
- Bob Dornin and Kelly Johnson for their behind-the-scenes magic.

To the rest of our Committee for their wonderful ideas - Camy Geide, Karla Etten, Lauren Vogan, Polina Gregory, and Jeanne-Marie Tufts, and to the float chaperones - Tamara Harwood and Thea Isreal.

**JK-8 Holiday Program
Friday, December 21**
Program begins at 10:30 am in the Athletic Center.
Students dismissed after the performance.



The Fall Book Fair was a tremendous success! Thank you to Lauren Vogan and all the volunteers that made it possible and to the many families who donated books to the library and classrooms! Thank you for inspiring the gift of reading!



January Lunch Forms are attached.
Orders are due by December 21.

Coming up at Hill:

Fri., Dec. 7	Noon Dismissal for all grades. Faculty meetings will be held in the afternoon. NO LATE GATES.
Tue., Dec 11	6 Boys Basketball vs. LCDS at LCDS. Game at 3:15, dismissal at 4:45 pm JV Boys Basketball vs. LCDS at LCDS. Game at 4:00, dismissal at 5:45 pm V Boys Basketball vs. LCDS at LCDS. Game at 5:00, dismissal at 6:45 pm 6 Girls Basketball vs. LCDS at Hill. Game at 3:15, dismissal at 4:15 pm JV1 Girls Basketball vs. LCDS at Hill. Game at 4:00, dismissal at 5:15 pm V Girls Basketball vs. LCDS at Hill. Game at 5:00, dismissal at 6:15 pm
Thurs., Dec. 13	JV Boys Basketball vs. Powhatan at Hill. Game at 3:15, dismissal at 4:30 pm V Boys Basketball vs. Powhatan at Hill. Game at 4:15, dismissal at 5:30 pm 6 Girls Basketball vs. Powhatan at Powhatan. Game at 3:15, dismissal at 4:45 pm JV2 Girls Basketball vs. Powhatan at Powhatan. Game at 4:00, dismissal at 5:45 pm V Girls Basketball vs. Powhatan at Powhatan. Game at 5:00, dismissal at 6:45 pm
Fri., Dec. 14	Grade 3 to Jamestown. Depart at 8:30 am and return at 8:30 pm.
Tues., Dec. 18	JV Boys Basketball vs. Wakefield at Hill. Game at 3:30 dismissal at 4:45 pm V Boys Basketball vs. Wakefield at Hill. Game at 4:30, dismissal at 5:45 pm V Girls Basketball vs. Loudoun Patriots in Purcellville. Game at 4:00, dismissal at 5:45 pm
Thurs. Dec. 20	Grade 7 - St. George and the Dragon Performances at 11:00 am and 3 :15 pm
Fri., Dec. 21	Holiday Program at 10:30 am. Students are dismissed for the two week vacation after the program.

FOR SALE: Girls Skis. Volkl Chica 120s. They are powder blue with pink and purple writing. In good condition. Asking \$60.00. Please call Cammie Furgal at 571-216-9094 if interested.

BABYSITTING: Charlotte Alto, former alumni '17, is available for babysitting this holiday season. Experienced for all ages. Please contact me @540-326-2577.

AVAILABLE: Looking for a trustworthy, reliable house sitter who is great with animals? Available starting December 14th-January 10th. If interested please contact Will Driskill, Hill Class of 2013, 540-454-7522.

SEEKING: Eliza Korff, 4th grade, would like to care for your hamster or gerbil for free, in her home, while you travel or just have a week off of taking care of your pet. If you have a hamster or gerbil you would allow her to take care of, please contact her mom, Jenna - jennakorff@gmail.com or 571-420-0362.

FOR SALE: Trampoline Skywalker 15'. Used two seasons. \$95. Call Pam at 703-727-3208 if interested.

FOR RENT: Single family home rental. 1539 Easton Lane Middleburg, VA 20117. 3 bedrooms, 2 full baths, Central A/C. Hot water central heat, 1 acre backyard fenced for animals, Rear entertaining patio, Safe and friendly neighborhood, Plenty of offstreet parking. Landlords provide landscaping and lawn care. Available immediately. 540-729-0100



*Join us for Christmas Carols in Middleburg
Wednesday, December 12
5:00 pm*

*Paul Haefner and Hunt Lyman will provide the guitar, all
we need are your voices, a good attitude and a flashlight!*

Children 3rd grade and younger should be accompanied by an adult.

Please advise Kelly Johnson, (540) 687-5897., if you will be attending.

Carolers will depart Hill School just before 5 pm and return by 6:15 pm.



The Giving Tree

Three ways to give to our community

Giving Tree Wish List

The Wish List has been filled!!! Thank you!

Stockings

Our goal is to give each child (30 total) a stocking filled with goodies. Children's ages range from newborn to 18, boys and girls.

We will have a collection box in the front office and anyone wishing to contribute can bring small items to donate, here are some suggestions: Match Box cars, card games, lip gloss, candy, art supplies, small stuffed animals, action figures, puzzles, stickers, Mad Libs, mini Lego sets, beads, bath/soap items, mittens or gloves, juggling balls, stamp sets, play-doh, \$10 Safeway cards (for hungry teenagers)... or your favorite stocking stuffer to give!

We will be stuffing the stockings and delivering the gifts on
Wednesday, December 12th

Grocery Care Baskets

27 baskets filled – Thank you! 13 more baskets remain to be filled!

Our goal is to distribute 40 holiday grocery baskets to families in the greater Middleburg area. We will supply the basket (plastic tub with a lid which will be available for pick up in the front office by Monday, December 3rd) and we ask the basket be filled with about \$100 worth of non-perishable food items.

The baskets will be delivered on
Friday, December 21st.

Please contact Emily Tyler
etyler@thehillschool.org for more information or questions.



You can bring in your outgrown equipment (skis, boards, boots, helmets) and outdoor clothing (jackets, snow pants, gloves, hats) and hopefully find something in a bigger size.

You can either donate your equipment and clothing, or put a price tag on it (please make it a small envelope that has your item, your name and the price clearly marked.)

Bring your items to the gym on Tuesday, Wednesday, or Thursday (December 11-13). Donated items on the tables, items for sale on the coat racks.

Come and find / buy items on Friday, December 14 all day. Whatever is left-over from the donations will be taken to charity. Please pick up any remaining items by Monday, December 17.



Ski season is coming!

Please submit sign up forms and rental forms (if renting equipment)
by Friday, Dec. 14



The Hill School Ornament

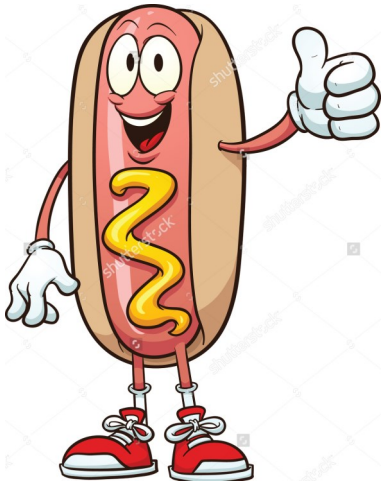
The Class of 2019 (8th grade) is selling festive, shatterproof ornaments—white balls with the official Hill logo in green. Make your tree extra special and full of Hill spirit with these keepsake ornaments!

\$9/ornament
Available at the Front Desk.

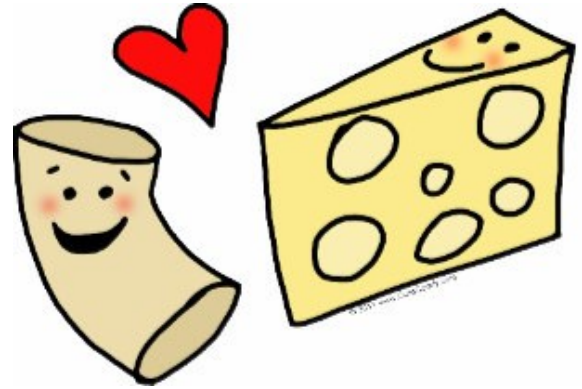
Please make check payable to The Hill School. Memo: Class of 2019

6th Grade Lunch

Thursday, December 13th



&



Hotdog
Mac N Cheese
Fruit
Dessert

\$8/ per order

Extra hot dog or Mac n Cheeses \$2 (Please specify which item)

Orders due by Tuesday, December 11th

Name #1 _____ Grade: _____

Extra Mac N Cheese _____ Extra Hotdog _____

Name #2 _____ Grade: _____

Extra Mac N Cheese _____ Extra Hotdog _____

Name #3 _____ Grade: _____

Extra Mac N Cheese _____ Extra Hotdog _____



Salamander Resort & Spa to “Rock the Red” with Stanley Cup on December 10

Washington Capitals and Resort Owner Sheila Johnson to publicly display trophy for community photos, collect items for charity and offer hockey-themed activities

Salamander Resort & Spa will “Rock the Red” and publicly display the Stanley Cup Trophy on **Monday, December 10** to celebrate the 2018 NHL Champion Washington Capitals.

In celebration of the team’s first championship, the resort will provide photo opportunities with the legendary trophy for the first 50 groups that show up, while collecting items for local charities. The resort also will offer a variety of programming including a “Rock the Red” celebration at Gold Cup Wine Bar, adult hot chocolate station, and a hockey shootout competition. All attendees are encouraged to wear red, while the Capitals flag will be flown over the property.

Resort Owner Sheila Johnson, who also is vice president of Monumental Sports & Entertainment – the Capitals ownership group, will begin the program with a short welcome at 8:30 p.m.

Salamander Resort & Spa will continue the celebration with a variety of programming, including:

- 7:00 p.m. – 10:00 p.m. – “Rock the Red” in Gold Cup Wine Bar
Featuring food and drink specials, and raffles
- 7:00 p.m. – 10:00 p.m. – Hockey Shoot Out Competition



Multi-Sport Gap Camp



Come join Coach Zach Roszel for fun over Winter break and kick off 2019 right! Camp will emphasize skill building, athletic development, and teamwork in sports/games including basketball, football, soccer, hockey, escape, infection, dodge ball and many others in a fun and energetic environment!



Ages: 5-13 years old
Dates: January 2, 3, & 4 2019
Time: 9 AM – 3 PM
Early Drop Off: 8a-9a - \$25
Late Pick Up: 3p-5p - \$25
Location: The Hill School
Cost: \$200 (ALL 3 DAYS)



-Single Day Registration Available (\$75)

-Multiple Children? Enter “**sibling**” at checkout for our multi-child discount!

-How to Register? Please visit our website & select “multi-sports camps” at the top at www.zarsocceracademy.com





INJURY PREVENTION: BASKETBALL



Hydrate and fuel your body adequately



Properly progress to full endurance, strength & power prior to the start of the season



Avoid playing the same sport year round in regards to overuse injuries



Properly warm up and cool down pre & post practice/games



Increase ankle strength, stability & preconception



Wear lace-up ankle braces if prone to ankle sprains

WHAT ARE SOME OF THE MOST COMMON BASKETBALL INJURIES?

With modern basketball's fast pace game come many opportunities for injuries. It is estimated that more than 1.6 million injuries are associated with basketball each year.

Ankle Sprains
Jammed Fingers
Knee Injuries
Deep Thigh Bruising
Facial Cuts
Foot Fractures

NSMI Expert Consultants: Dr. David Johnson, Dr. Timothy Johnson,
Dr. Jonathan Bernard, Dr. Nathan Coleman.

Resources: <https://www.ncbi.nlm.nih.gov> & <https://www.stopsportsinjuries.org>

The National Sports Medicine Institute
World Class. Nationally Known. Locally Loudoun.
Sports Medicine Orthopaedic Surgery Physical Therapy Sports Science Imaging & Ultrasound
www.nationalsportsmed.com



ATTENTION

Vocalists and Instrumentalists!



2019 Bland Music Competition

Sunday February 3, 2019 at 2:00pm

The Hill School, Middleburg

Elementary, middle or high school students in
western Loudoun and northern Fauquier counties
are eligible to compete.

visit www.piedmontmusic.org or call 540-592-3040 for info

Sponsored by the Lions Club of Middleburg and the Community Music School of the Piedmont.

'Another Blue Moon' Pop-up Shop
Open Weekends starting Black Friday, Nov. 23rd
10:00 am – 4:00 pm
Tuesday, Wednesday & Thursday by appointment
Antiques, Furniture, Accessories
and so much more!
15 S. Madison Street, Middleburg

Instructions: Lunch Order Forms

- ◆ Please circle the dates and lunch choices, and return that portion of the menu with the payment in an envelope. Mark the name of the restaurant on the envelope.
- ◆ Checks should be made out to the establishment from which you are ordering lunch(es), cash should be the correct amount. We do not process orders at school and will forward all the envelopes directly to the restaurants on the day named as the return date.
- ◆ Please keep a record of your order; we do not keep a list here at school. Lunches will be delivered to the kitchen by the beginning of the first lunch shift (11:30).

Please note: If you have ordered lunch, and your child is absent (due to illness or a field trip), let us know if you would like us to pass his/her lunch on to another child or if you would like the lunch to be saved overnight in the school refrigerator for your child's lunch the next day.

Lunch Order Forms – January, 2019

Return to the Office **by Friday, December 21, 2018**

MONDAYS – ANTHONYS – 364-7400 \$6.00 per order

One form per student, please.

Name _____ Grade _____

- | | | | |
|---------------------------------|-----|------|------|
| 1. 2 slices of CHEESE Pizza. | 1/7 | 1/14 | 1/28 |
| 2. 2 slices of PEPPERONI Pizza. | 1/7 | 1/14 | 1/28 |

Circle the desired lunch(es) and date(s) and return this portion with payment in an envelope marked with Anthony's Pizza.

*Return this form (for the whole month) **by Fri., Dec. 21.***

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TUESDAYS – MARKET SALAMANDER – 687-8011 \$6.00 per order

One form per student, please.

Name _____ Grade _____

- | | | | | |
|--|-----|------|------|------|
| 1. Market Mac 'n Cheese (10 oz), side of vegetable, and a cookie | 1/8 | 1/15 | 1/22 | 1/29 |
| 2. Four Chicken Tenders with honey mustard sauce, side of vegetable, and a cookie. | 1/8 | 1/15 | 1/22 | 1/29 |

Circle the desired lunch(es) and date(s) and return this portion with payment in an envelope marked with Market Salamander.

*Return this form (for the whole month) **by Fri., Dec. 21.***

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WEDNESDAYS – MIDDLEBURG DELI – 687-3456 \$6.00 per order

One form per student, please

Name _____ Grade _____

- | | | | | |
|---|-----|------|------|------|
| 1. Sliced Turkey Breast on a Soft Roll with Lettuce & Tomato | 1/9 | 1/16 | 1/23 | 1/30 |
| 1. Sliced Roast Beef on a Soft Roll with Lettuce & Tomato | 1/9 | 1/16 | 1/23 | 1/30 |
| 3. Sliced Ham & Cheese on a Soft Roll with Lettuce & Tomato | 1/9 | 1/16 | 1/23 | 1/30 |
| 4. ½ Little Italy Sub
(Provolone, Mortadella, Pepperoni, Genoa Salami, Lettuce, Tomato, Sweet Peppers,
Oil and Vinegar) | 1/9 | 1/16 | 1/23 | 1/30 |
| 5. Grand Slam (Turkey, Ham, Swiss, Lettuce, Tomato on a Sub Roll) | 1/9 | 1/16 | 1/23 | 1/30 |

A supreme chocolate chip cookie will be served with all selections.

*Circle desired lunch(es) and date(s) and return this portion with payment in an envelope marked with MIDDLEBURG DELI. Return this form (for the whole month) **by Fri., Dec. 21.***