**September 15, 2022**

**Take Note**

**PTC Parent Dinners (6:30 PM)**

*Thank you to Robin and Justin Porterfield for hosting the 4 - 8 Dinner. What a great way to start off the school year!*

Wednesday, Sept. 21: **JK - 3 Parent Dinner,** hosted by Melissa and Mark Winchester.

Please RSVP to Hill School at (540) 687-5897 or rsvp@thehillschool.org

**PTC Parent Meetings**

**Parent Teacher Club (PTC) Back-to-School Night**

Thursday, September 29
7:00 – 9:00 p.m.

The evening will begin at 7:00 p.m. with a brief All-School meeting in the Theater.

After this meeting, parents will go to their child(ren)’s homeroom(s) for a presentation by the homeroom teacher of this year’s curriculum and events. The evening will conclude at approximately 9:00 p.m.

Please Note: We will not have childcare available during the meeting.

**Take Note Submissions**

Take Note is published weekly each Thursday. DEADLINE for submission of items is NOON on TUESDAY. E-mail articles and/or classified ads to: takenote@thehillschool.org.

**The lunch program will start in October. Order information will be in next week’s Take Note.**
### Coming up at Hill:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Tues., Sept. 20</td>
<td>V Boys Soccer vs. Wakefield at Hill. Game 3:30pm, dismissal 4:45 pm</td>
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<td>JV Boys Soccer vs. Wakefield at Hill. Game 4:30pm, dismissal 5:45 pm</td>
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<tr>
<td>Wed., Sept. 21</td>
<td>JK - 3 Dinner hosted by Melissa and Mark Winchester, 6:30 pm.</td>
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<tr>
<td>Tues., Sept. 27</td>
<td>JV Boys Soccer vs. Highland at Hill. Game 3:30pm, dismissal 4:45 pm</td>
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<td>V Boys Soccer vs. Highland at Hill. Game 4:30pm, dismissal 4:45 pm</td>
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<tr>
<td></td>
<td>V Girls Volleyball vs. Highland at Highland. Game 3:15 pm, dismissal 5:00 pm</td>
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<tr>
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<td>JV Girls Volleyball vs. Highland at Highland. Game 4:15 pm, dismissal 6:00 pm</td>
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<tr>
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<td><strong>Back to School Night, 7:00 pm.</strong></td>
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<td>Sat., Oct. 1</td>
<td>Country Fair - noon to 4 pm.</td>
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<tr>
<td>Wed., Oct. 5</td>
<td>Picture Day - Order forms will be distributed to students September 22</td>
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<td>Hill School Golf Open - 9am</td>
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### FOR SALE:
Wagyu Beef for Sale. Naturally raised on local Middleburg farm. Open pasture grass and grain finished. For details, email Michael Donohoe at hillfarmwagyu@gmail.com.

### SEEKING:
Family living in the Middleburg area hiring for the following positions: Housekeeper - part-time, Personal Assistant - part-time, Landscape person - part-time. Please call (703) 980-8109.

Family looking for a part-time nanny / babysitter in the afternoons from 3-6pm to babysit their 3 and 6 year old. Please contact (540) 287-8881 to learn more!

### Ice Cream Wednesday is back starting 10/5!

More info & pre-pay forms in next week’s Take Note.

### Saturday, October 1st, Noon – 4 pm
Dornin Science Barn

We hope you can join us for a fun afternoon of food, music, games, baking contest, pet parade and more! Well behaved pets on a leash are welcome.

The PTC provides fried chicken and bottled water for the potluck lunch. The sides will be provided as follows by Last Name:

- **A-F:** Brownies or Cookies
- **G-J:** Pasta or Potato Salad
- **K-M:** Fruit (whole or sliced)
- **N-P:** Sandwiches
- **Q-S:** Green Salad
- **T-Z:** Juice Boxes/Pouches (bee proof) 12 pk per family

Please have all food plated and ready to serve. Be sure to put your name on your serving dishes/utensils and pick up after lunch is served.

Volunteers are needed to help with set up/clean up. Please [click here](#) to sign up.

If you have any questions, please contact [Amy Miller](#).
HILL SCHOOL COUNTRY FAIR
Saturday, October 1st

BAKING CONTEST

DIG UP YOUR SECRET FAMILY RECIPES, make an old
favorite or create
something NEW & DELICIOUS!

BRING YOUR:
CUPCAKES, COOKIES, CAKES,
PIES & TARTS!

To the DORNIN BARN by NOON on FAIR DAY.

HILL SCHOOL COUNTRY FAIR
BAKING CONTEST
-Entry form-

Name: ____________________________________________

Dessert: ___________________________________________

PRIZES FOR MOST CREATIVE AND MOST DELICIOUS.
To be linked by the school - Email lpatterson@thehillschool.org with VIC card number/phone number and last name.

DID YOU KNOW?

The Education and School Life Committee (ESLC) is a standing committee of the Board of Trustees and serves as the umbrella organization for all parent committees including the Parent-Teacher Club (PTC) and the Committee on Culture and Inclusion (CCI).

ESLC works with the Head of School and other committees to connect parents, the faculty and staff, the students, and the community with intentional content to enrich school life.

The ESLC Chair is a member of the Board of Trustees and the committee consists of a faculty and/or staff liaison, current members of the parent body, community members, and a member of the PTC and the Committee on Culture and Inclusion.
ENVIRONMENTAL CLUB STARTS SEPTEMBER 20!

Looking forward to making the world a better place!

Tuesday afternoons from 4 to 5 pm in the Art Room

All ages are welcome. Bring your own snack. Parents can pick up kids at 5pm at the front of Hill School.
Hill School Online Store

Coming September 26, 2022

We're excited to announce the opening of our new Hill School Store. Come shop the latest Green & White Apparel for Children and Adults

Astra’s Summer Reading Challenge

Last Spring Astra the Lion challenged all Hill students to keep their minds active over the summer break with a Summer Reading Challenge. Students were encouraged to complete as many reading activities as they could.

To celebrate everyone’s summer reading accomplishments, Hill students who return their Astra Reading Challenge sheet to the front desk by Friday, September 30, will receive a voucher for a free ice cream treat (to be redeemed at a future Ice Cream Wednesday). See the following pages for the lower and upper school reading challenges.
Astra’s Summer Reading Challenge

Astra is challenging all Hill students to keep their minds active this summer with a Summer Reading Challenge. To participate, track your progress by checking off completed activities. This challenge is meant to be fun and get students engaged in reading activities throughout the summer. Participation is voluntary, but for a little incentive everyone who returns their Summer Reading Challenge form at the beginning of school in September will enjoy an ice cream party! See how many activities you can check-off and keep your mind active. Happy reading!

- Read a book about Pakistan.
  (remember learning about Pakistan in culture study?)

  Title: _________________________________________

- Read a book about a grand adventure.

  Title: _________________________________________

- Read a book about a place you would like to travel to.

  Title: _________________________________________

- To combat the heat, read a book about something cold.

  Title: _________________________________________

- Read a book awarded the Coretta Scott King Award.

  Title: _________________________________________
Astra is challenging all Hill students to keep their minds active this summer with a Summer Reading Challenge. To participate, track your progress by checking off completed activities. This challenge is meant to be fun and get students engaged in reading activities throughout the summer. Participation is voluntary, but for a little incentive everyone who returns their Summer Reading Challenge form at the beginning of school in September will enjoy an ice cream party! See how many activities you can check-off and keep your mind active. Happy reading!

- Read outside for 30 minutes.
- Read a book about a lion.
- Read a book with a green cover.
- Read to a family pet for 30 minutes.
- Read a book about Pakistan.  
  (remember learning about Pakistan in culture study?)
- Read a book set in a different time period.
- Read an award-winning book.  
  (like the Newberry, Caldecott or Coretta Scott King awards)
- Read a book about your favorite animal.
- Read a book set in a different country.
- Read a chapter book.
- Read a book of poetry.
- Read a book about caring for the environment.
- Read a book with a one-word title.
- Read a book that’s been made into a movie.
- Read a book about the ocean.
THE HILL SCHOOL ALUMNI ASSOCIATION PRESENTS THE ANNUAL

HILL SCHOOL OPEN GOLF TOURNAMENT

WEDNESDAY, OCTOBER 5, 9 AM START
BULL RUN GOLF CLUB

PART NUTRITIONAL EDUCATION, PART SUGAR DETOX, PART SUPPORT GROUP—AN EMPOWERING COMBINATION

The RESTART® Program is a simple, powerful way to give your body a vacation from sugar and processed foods.

With a 3-week sugar detox built right in, the program focuses on how to use REAL FOOD to boost your energy and cut sugar and carb cravings.

IN OUR 5 WEEKS TOGETHER, YOU WILL LEARN

WEEK 1: How to prepare for your REAL FOOD sugar detox
WEEK 2: Your digestive check-in
WEEK 3: What sugar really does in your body
WEEK 4: The truth about FATS
WEEK 5: How to move forward and celebrate your success!

BENEFITS THAT PARTICIPANTS HAVE EXPERIENCED:

- Increased Energy
- Boosted Immune System
- More Restful Sleep
- Clarity and Focus
- Clothes Fit Better
- Decreased Anxiety

Mondays at 6:00PM: 9/12, 9/19, 9/26, 10/3, 10/10
Trinity Episcopal Church - Cox Hall
9108 John Mosby Hwy, Upperville, VA

And

Mondays at 11:30AM: 9/12, 9/19, 9/26, 10/3, 10/10
VIRTUAL via GoogleMeet private link
Best way to spend your lunch hour!

REGISTER TODAY AT
www.educated-wellness.com

Questions?
Call/ text or email Maureen St. Germain, FNTP at 540.642.0808 or maureen@educated-wellness.com
# MTC Junior Tennis Programming

**September - December**

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<th>Monday</th>
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<th>Thursday</th>
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<tbody>
<tr>
<td><strong>Young Stars</strong></td>
<td><strong>Future Stars I</strong></td>
<td><strong>Young Stars</strong></td>
<td><strong>Future Stars I</strong></td>
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<td>3:30pm-4:30pm</td>
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<tr>
<td><strong>ATP</strong></td>
<td><strong>All Stars</strong></td>
<td><strong>ATP</strong></td>
<td><strong>Future Stars II</strong></td>
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<td>4:30pm-6:00pm</td>
<td>4:30pm-6:00pm</td>
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<td>4:30pm-5:30pm</td>
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<td><strong>HS Team Tennis</strong></td>
<td><strong>HS Team Tennis</strong></td>
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<td>6:00pm-7:30pm</td>
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<td><em>evaluation required</em></td>
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*Young Stars - Red Ball - Ages 5-7  
Future Stars - Orange Ball - Ages 7-8  
All Stars - Green Ball - Ages 8-10  
ATP - Yellow Ball - 10+  
HS Team Tennis - Yellow Ball  
*evaluation required*

To sign up for a Junior Membership, please contact Kyla Walgren at kwalgren@middleburgtennisclub.com

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**BUCHANAN HALL FARMER'S MARKET**

Farm + Artisan Items.  
Live Music. Food Trucks.  
Free Admission

Wednesdays, 4 - 8 p.m.  
May 18 - October 26

UPPERVILLE, VA  
WWW.BUCHANANHALL.ORG/FARMERSMARKET

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**3rd Annual Music in the Plains Day**

Sponsored by the Plains Community League  
Food Truck Art Walk  
Oct 1st 11-6pm  
Car Show 8-12pm

Music by:  
Wakefield Singers  
Sweet Nola and the P'Boys  
The Crooked Angels  
Jamie Pyles & Henry Rust  
Eclectic Company
Coffee & Conversation:
Middle school parents are invited to join us at our beautiful campus in Chantilly. Join us for coffee and a brief presentation. Afterward, visit with our Admissions team to learn more about PVI and the steps to apply.
Tuesday, September 20 at 9 a.m.
Thursday, September 22 at 9 a.m.

Middle School Night Under the Lights
Friday, September 23
Middle schoolers and their families are invited to join us on Friday, September 23 for Rally in the Alley (6 p.m.) and our home football game (7 p.m.) Middle school students receive free entrance to the game. Join us for free food, fun, prizes and football under the lights!
Please visit www.paulvi.net for more information
Participate in a youth-performed experiential art project from MacArthur Fellow Elizabeth Turk and gather as a community to learn about some of the plants that make our region special!

Free tickets will be available beginning August 29. California artist Elizabeth Turk’s social sculpture comes alive at the Oak Spring Garden Foundation (OSGF) with a focus on the next generation! Students 18 years of age and younger are invited to participate in the event, recreating the umbrella constellation in an evening that blends art, science, dance, music, photography, drone operations, videography, agriculture, and more!

OSGF will provide cookies and farm-fresh snacks grown on-site at the Biotic Cultural Conservation Farm. Guests will learn about endangered native plant species and participate in a seed-saving demonstration with heirloom plants. Drone operators will be on site to engage the students with the art and technology of drones. Special take-home gifts will be available for K-12 students.

Register As soon as possible for this free art event! https://www.eventbrite.com/e/et-projects-ridgeline-tickets-304805751207