



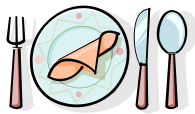
# TAKE NOTE

The Hill School  
(540) 687-5897  
[www.thehillschool.org](http://www.thehillschool.org)

## SEPTEMBER 15, 2022



Tomorrow, Friday, September 16  
Regular Friday 3:00 pm dismissal for all grades



### PTC PARENT DINNERS (6:30 PM)

*Thank you to Robin and Justin Porterfield for hosting  
the 4 - 8 Dinner.*

*What a great way to start off the school year!*

Wednesday, Sept. 21: **JK - 3 Parent Dinner**,  
hosted by Melissa and Mark Winchester.

Please RSVP to Hill School at (540) 687-5897  
or [rsvp@thehillschool.org](mailto:rsvp@thehillschool.org)



### Parent Teacher Club (PTC) Back-to-School Night

Thursday, September 29  
7:00 – 9:00 p.m.

The evening will begin at 7:00 p.m. with a brief  
All-School meeting in the Theater.

After this meeting, parents will go to their child(ren)'s  
homeroom(s) for a presentation by the homeroom teacher of this  
year's curriculum and events. The evening will conclude at  
approximately 9:00 p.m.

Please Note: We will not have childcare available during  
the meeting.

### Take Note Submissions

Take Note is published weekly each Thursday.  
DEADLINE for submission of items is NOON on  
TUESDAY. E-mail articles and/or classified ads to:  
[takenote@thehillschool.org](mailto:takenote@thehillschool.org).



### PTC Parent Meetings

JK –Friday, Sept. 23, 8:30, Lunch Room  
2 - Friday, Sept. 30, 8:30, Lunch Room  
3 - Wednesday, Sept. 28, 8:30, Lunch Room  
4 - Monday, Sept. 19, 8:30, Lunch Room  
5 - Monday, Sept. 26, 8:30, Lunch Room  
7 - Wednesday, Sept. 21, 8:30, Lunch Room



The lunch program will  
start in October. Order  
information will be in  
next week's Take Note.

**PICTURE DAY  
WEDNESDAY  
OCTOBER 5!**

# Coming up at Hill:

Tues., Sept. 20	V Boys Soccer vs. Wakefield at Hill. Game 3:30pm, dismissal 4:45 pm JV Boys Soccer vs. Wakefield at Hill. Game 4:30pm, dismissal 5:45 pm
Wed., Sept. 21	JK - 3 Dinner hosted by Melissa and Mark Winchester, 6:30 pm.
Tues., Sept. 27	JV Boys Soccer vs. Highland at Hill. Game 3:30pm, dismissal 4:45 pm V Boys Soccer vs. Highland at Hill. Game 4:30pm, dismissal 4:45 pm V Girls Volleyball vs. Highland at Highland. Game 3:15 pm, dismissal 5:00 pm JV Girls Volleyball vs. Highland at Highland. Game 4:15 pm, dismissal 6:00 pm
Thurs., Sept. 29	V Boys Soccer vs. LCDS at LCDS. Game 3:30pm, dismissal 5:15 pm JV Boys Soccer vs. LCDS at LCDS. Game 4:30pm, dismissal 6:15 pm V Girls Volleyball vs. LCDS at Hill. Game 3:30 pm, dismissal 4:45 pm JV Girls Volleyball vs. LCDS at Hill. Game 4:30 pm, dismissal 5:45 pm <b>Back to School Night, 7:00 pm.</b>
Sat., Oct. 1	Country Fair - noon to 4 pm.
Wed., Oct. 5	Picture Day - Order forms will be distributed to students September 22 Hill School Golf Open - 9am

**FOR SALE:** Wagyu Beef for Sale. Naturally raised on local Middleburg farm. Open pasture grass and grain finished. For details, email Michael Donohoe at [hillfarmwagyu@gmail.com](mailto:hillfarmwagyu@gmail.com).

**SEEKING:** Family living in the Middleburg area hiring for the following positions: Housekeeper - part-time, Personal Assistant - part-time Landscape person - part-time. Please call (703) 980-8109.

**SEEKING:** Hill School family in The Plains, VA is looking for a part-time nanny / babysitter in the afternoons from 3-6pm to babysit their 3 and 6 year old. Please contact (540) 287-8881 to learn more!



**ICE CREAM WEDNESDAY IS BACK**

**STARTING 10/5!**

**MORE INFO & PRE-PAY FORMS**

**IN NEXT WEEK'S TAKE NOTE.**



**Saturday, October 1st, Noon - 4 pm**  
**Dornin Science Barn**

We hope you can join us for a fun afternoon of food, music, games, baking contest, pet parade and more! Well behaved pets on a leash are welcome.

The PTC provides fried chicken and bottled water for the potluck lunch. The sides will be provided as follows by Last Name:

**A-F: Brownies or Cookies G-J: Pasta or Potato Salad**

**K-M: Fruit (whole or sliced) N-P: Sandwiches**

**Q-S: Green Salad T-Z: Juice Boxes/Pouches (bee proof) 12 pk per family**

Please have all food plated and ready to serve. Be sure to put your name on your serving dishes/utensils and pick up after lunch is served.

Volunteers are needed to help with set up/clean up. Please [click here](#) to sign up.

If you have any questions, please contact [Amy Miller](#).

# HILL SCHOOL COUNTRY FAIR

Saturday, October 1st

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## BAKING CONTEST

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DIG UP YOUR SECRET FAMILY RECIPES, *make an old favorite* **or create something NEW & DELICIOUS!**



BRING YOUR:

CUPCAKES, COOKIES, CAKES,  
PIES & TARTS!

To the DORNIN BARN by **NOON** ON FAIR DAY.

=====

HILL SCHOOL COUNTRY FAIR

**BAKING CONTEST**

-Entry form-

Name: \_\_\_\_\_

Dessert : \_\_\_\_\_

**PRIZES FOR MOST CREATIVE AND MOST DELICIOUS.**

# Link.



your VIC card  
to our school today!



TOGETHER IN  
EDUCATION®

Connect your  
Harris Teeter  
VIC card to  
our school's  
Together in  
Education  
account.

#### Online

1. Log in to your Harris Teeter profile at the top of harristeeter.com
2. Click on My Account once logged in
3. In the Together in Education section, type the school name in the School Search toolbar
4. Once the school name generates, click on the school name and then Add a School  
(Note: it is easiest to type the school code listed above into the school search bar)

#### App

1. Go to "My Account" and click "Together in Education"
2. Type in the school name in the search bar

#### In-store

Ask your cashier to link your VIC card to our school's TIE code.

#### Mass Link

Let the school link for you!

We just need your last name and VIC card number/ phone number and we will link your card.

Link #6137



To be linked by the school - Email [lpatterson@thehillschool.org](mailto:lpatterson@thehillschool.org)  
with VIC card number/phone number and last name.



## DID YOU KNOW?

The Education and School Life Committee (ESLC) is a standing committee of the Board of Trustees and serves as the umbrella organization for all parent committees including the Parent-Teacher Club (PTC) and the Committee on Culture and Inclusion (CCI).

ESLC works with the Head of School and other committees to connect parents, the faculty and staff, the students, and the community with intentional content to enrich school life.

The ESLC Chair is a member of the Board of Trustees and the committee consists of a faculty and/or staff liaison, current members of the parent body, community members, and a member of the PTC and the Committee on Culture and Inclusion.

# ENVIRONMENTAL CLUB STARTS SEPTEMBER 20!

Looking forward to making the world a  
better place!



**Tuesday afternoons from 4 to 5 pm  
in the Art Room**

All ages are welcome. Bring your own snack.  
Parents can pick up kids at 5pm at the front of  
Hill School.



# Hill School Online Store

Coming September 26, 2022

We're excited to announce the opening of our new Hill School Store. Come shop the latest Green & White Apparel for Children and Adults



## Astra's Summer Reading Challenge

Last Spring Astra the Lion challenged all Hill students to keep their minds active over the summer break with a Summer Reading Challenge. Students were encouraged to complete as many reading activities as they could.

To celebrate everyone's summer reading accomplishments, Hill students who return their Astra Reading Challenge sheet to the front desk by Friday, September 30, will receive a voucher for a free ice cream treat (to be redeemed at a future Ice Cream Wednesday). See the following pages for the lower and upper school reading challenges.



Name: \_\_\_\_\_

# Astra's Summer Reading Challenge

Astra is challenging all Hill students to keep their minds active this summer with a Summer Reading Challenge. To participate, track your progress by checking off completed activities. This challenge is meant to be fun and get students engaged in reading activities throughout the summer. Participation is voluntary, but for a little incentive everyone who returns their Summer Reading Challenge form at the beginning of school in September will enjoy an ice cream party! See how many activities you can check-off and keep your mind active. Happy reading!



Read a book about Pakistan.

(remember learning about Pakistan in culture study?)

Title: \_\_\_\_\_



Read a book about a grand adventure.

Title: \_\_\_\_\_



Read a book about a place you would like to travel to.

Title: \_\_\_\_\_



To combat the heat, read a book about something cold.

Title: \_\_\_\_\_



Read a book awarded the Coretta Scott King Award.
















Title: \_\_\_\_\_



Name: \_\_\_\_\_

# Astra's Summer Reading Challenge

Astra is challenging all Hill students to keep their minds active this summer with a Summer Reading Challenge. To participate, track your progress by checking off completed activities. This challenge is meant to be fun and get students engaged in reading activities throughout the summer. Participation is voluntary, but for a little incentive everyone who returns their Summer Reading Challenge form at the beginning of school in September will enjoy an ice cream party! See how many activities you can check-off and keep your mind active. Happy reading!

-  Read outside for 30 minutes.
-  Read a book about a lion.
-  Read a book with a green cover.
-  Read to a family pet for 30 minutes.
-  Read a book about Pakistan.  
(remember learning about Pakistan in culture study?)
-  Read a book set in a different time period.
-  Read an award-winning book.  
(like the Newberry, Caldecott or Coretta Scott King awards)
-  Read a book about your favorite animal.
-  Read a book set in a different country.
-  Read a chapter book.
-  Read a book of poetry.
-  Read a book about caring for the environment.
-  Read a book with a one-word title.
-  Read a book that's been made into a movie.
-  Read a book about the ocean.



THE HILL SCHOOL ALUMNI ASSOCIATION  
PRESENTS THE ANNUAL

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# HILL SCHOOL OPEN GOLF TOURNAMENT

WEDNESDAY, OCTOBER 5, 9 AM START  
BULL RUN GOLF CLUB

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REGISTER HERE - [HTTPS://APP.EVENTCADDY.COM/EVENTS/THE-2022-HILL-SCHOOL-OPEN-GOLF-TOURNAMENT](https://app.eventcaddy.com/events/the-2022-hill-school-open-golf-tournament)



# RESTART®

Real Food. Real Learning. Real Support.

## PART NUTRITIONAL EDUCATION, PART SUGAR DETOX, PART SUPPORT GROUP- AN EMPOWERING COMBINATION

The RESTART® Program is a simple, powerful way to give your body a vacation from sugar and processed foods.

With a 3-week sugar detox built right in, the program focuses on how to use REAL FOOD to boost your energy and cut sugar and carb cravings.



## IN OUR 5 WEEKS TOGETHER, YOU WILL LEARN

WEEK 1: How to prepare for your REAL FOOD sugar detox

WEEK 2: Your digestive check-in

WEEK 3: What sugar really does in your body

WEEK 4: The truth about FATS

WEEK 5: How to move forward and celebrate your success!

# \$300

## BENEFITS THAT PARTICIPANTS HAVE EXPERIENCED:



Increased Energy



Boosted Immune System



More Restful Sleep



Clarity and Focus



Clothes Fit Better



Decreased Anxiety

**Mondays at 6:00PM: 9/12, 9/19, 9/26, 10/3, 10/10**

Trinity Episcopal Church - Cox Hall  
9108 John Mosby Hwy, Upperville, VA

And

**Mondays at 11:30AM: 9/12, 9/19, 9/26, 10/3, 10/10**

*VIRTUAL via GoogleMeet private link  
Best way to spend your lunch hour!*

**REGISTER TODAY AT**

**[www.educated-wellness.com](http://www.educated-wellness.com)**

Questions?

Call/ text or email Maureen St. Germain, FNTF at  
540.642.0808 or [maureen@educated-wellness.com](mailto:maureen@educated-wellness.com)



# MTC Junior Tennis Programming

September - December



Monday

Tuesday

Wednesday

Thursday

**Young Stars**  
3:30pm-4:30pm

**Future Stars I**  
3:30pm-4:30pm

**Young Stars**  
3:30pm-4:30pm

**Future Stars I**  
3:30pm-4:30pm

**ATP**  
4:30pm-6:00pm

**All Stars**  
4:30-6:00pm

**ATP**  
4:30pm-6:00pm

**Future Stars II**  
4:30pm-5:30pm

**HS Team Tennis**  
6:00pm-7:30pm  
\*evaluation required\*

**HS Team Tennis**  
6:00pm-7:30pm  
\*evaluation required\*

**Young Stars - Red Ball - Ages 5-7**

**Future Stars - Orange Ball - Ages 7-8**

**All Stars - Green Ball - Ages 8-10**

**ATP - Yellow Ball - 10+**

**HS Team Tennis - Yellow Ball**  
\*evaluation required\*

To sign up for a Junior Membership,  
please contact Kyla Walgren at [kwalgren@middleburgtennisclub.com](mailto:kwalgren@middleburgtennisclub.com)

## BUCHANAN HALL FARMER'S MARKET

Farm + Artisan Items.  
Live Music. Food Trucks.

Free Admission

Wednesdays, 4 - 8 p.m.  
May 18 - October 26

UPPERVILLE, VA  
[WWW.BUCHANANHALL.ORG/FARMERSMARKET](http://WWW.BUCHANANHALL.ORG/FARMERSMARKET)



# Dining in the DARK

For one night only, guests will enjoy dining in low light conditions while wearing eyeshades to immerse themselves fully in the experience by relying on their taste, texture, and smell to guide them through their culinary adventure.



The Hill School community will receive \$100 off each ticket purchased by scanning the QR code above or by entering promo code HILL at checkout at DiningintheDark.net



Thursday,  
October 13, 2022  
6 PM - 10 PM  
The Bourbon  
Bayou Kitchen

44184 Ashbrook Marketplace Plaza, Ashburn,  
VA 20147

## Featuring



**Christine Ho** is a New York Times bestselling author, MasterChef winner, and restaurateur of The Blind Goat and Xin Chao.



**Jazmin West** is the executive chef at Bourbon Bayou Kitchen. She is a local celebrity who has been featured on Rat in the Kitchen.



**Scott MacIntyre** is an acclaimed speaker, singer-songwriter, scholar, and author. His introduction into the public was as the first blind finalist on American Idol.



**Tommy Edison** is an American YouTuber, radio DJ, film critic, comedian, and motivational speaker.

alpha**graphics**  
loudoun

Huck and Company  
AUTOMOTIVE STUDIO  
PUEBLOVILLE, CO

maventri

chains north

Loudoun  
Therapeutic Riding



**ST. PAUL VI**  
CATHOLIC HIGH SCHOOL

### Coffee & Conversation:

Middle school parents are invited to join us at our beautiful campus in Chantilly. Join us for coffee and a brief presentation. Afterward, visit with our Admissions team to learn more about PVI and the steps to apply.

Tuesday, September 20 at 9 a.m.

Thursday, September 22 at 9 a.m.

### Middle School Night Under the Lights

Friday, September 23

Middle schoolers and their families are invited to join us on Friday, September 23 for Rally in the Alley (6 p.m.) and our home football game (7 p.m.) Middle school students receive free entrance to the game. Join us for free food, fun, prizes and football under the lights!

Please visit [www.paulvi.net](http://www.paulvi.net) for more information



OAK SPRING GARDEN FOUNDATION  
ON THE MELLON RUNWAY  
MILL REEF ROAD (OFF OF ROKEBY ROAD)  
UPPERVILLE RD, VA 20184

# Social Sculpture for Next-Gen Conservationists

"RIDGELINE" FLASH ART EXPERIENCE CREATED BY ET PROJECTS

**OCTOBER 2, 2022  
5:30 PM - 8:00 PM**

You MUST pre-register, and bring the signed permission form.  
You will need your parents to bring you to this.

Participate in a youth-performed experiential art project from MacArthur Fellow Elizabeth Turk and gather as a community to learn about some of the plants that make our region special!

Free tickets will be available beginning August 29.

California artist Elizabeth Turk's social sculpture comes alive at the Oak Spring Garden Foundation (OSGF) with a focus on the next generation! Students 18 years of age and younger are invited to participate in the event, recreating the umbrella constellation in an evening that blends art, science, dance, music, photography, drone operations, videography, agriculture, and more!

OSGF will provide cookies and farm-fresh snacks grown on-site at the Bi-cultural Conservation Farm. Guests will learn about endangered native plant species and participate in a seed-saving demonstration with heirloom plants. Drone operators will be on site to engage the students with the art and technology of drones. Special take-home gifts will be available for K-12 students.

Register As soon as possible for this free art event!

<https://www.eventbrite.com/e/et-projects-ridgeline-tickets-304805751207>