

TAKE NOTE

The Hill School (540) 687-5897 www.thehillschool.org

SEPTEMBER 24, 2020



Back-to-School Night Part 2

Thursday, October 8 6:00 p.m.

The evening will follow the same pattern as Part 1—We start as a full Zoom group (room and password were included in the Take Note email), then parents connect to homeroom teachers' rooms.



48-Hour Rule

Reminder that your child must be symptom free for 48 hours before he/she may return to campus.





SEEKING: Hill School faculty members looking for living room furniture (couches, chairs, coffee tables). Please contact 330-604-1379.

FOR RENT: 3 bedroom/ 1 bath house on private farm off Atoka Road. \$1600/month. Also, a 16 stall barn on same farm. \$1800/month. Please call Mia Glickman 703-980-8109.

SEEKING: Looking for after school care of 2nd grade boy to pick up from school Monday-Friday, and take to activities or bring home and play with until parents are finished with work. Responsible young adult who is happy to play sports and get dirty would be a plus. 3pm-6pm M-F. Please call/text for details 703-622-5003.

AVAILABLE FOR BABYSITTING: My name is Margaret Ayers and I am 15 years old. I have over 2 years of experience looking after toddlers and school-aged children. I am reliable, responsible, and I love working with kids! I am available weekdays from 5-10pm and weekends. You can contact me at 540-454-7087 or amaggie84@gmail.com to set up an interview. References are available upon request.

- We will be adding new items in the coming weeks and months.
- Orders will be picked up at the Main Circle.
- You will receive an email confirmation when your order is ready.
- Please call the Front Desk, (540) 687-5897, when you arrive, and someone will run your order out to you.
- We are asking that you refrain from picking up your order during dropoff and dismissal times. Thank you.



GREEN/WHITE ONLINE STORE

Shop Online

https://the-hill-school-store.square.site

Join John Daum on a virtual tour of Welsh Castle country this Friday, September 25 at 6pm.

Visit the <u>library website</u> for more details.





HILL SCHOOL OPEN GOLF TOURNAMENT

WEDNESDAY, OCTOBER 7, NOON START
BULL RUN GOLF CLUB

REGISTER HERE - <u>HTTPS://APP.EVENTCADDY.COM/EVENTS/THE-2020-</u> HILL-SCHOOL-OPEN-GOLF-TOURNAMENT





REAL FOOD, REAL LEARNING, REAL SUPPORT

=real results!

Part nutritional education, part sugar detox, part support group – an empowering combination!

The RESTART® Program is a simple, powerful way to give your body a vacation from sugar and processed foods.

With a 3-week sugar detox built right in, the program focuses on how to use REAL FOOD to boost your energy and cut sugar and carb cravings.

Discover how good you can feel!

YOU'LL LEARN:

Week 1: How to prepare for your REAL FOOD sugar detox

Week 2: Your digestive check-in

Week 3: What sugar really does in your body

Week 4: The truth about FATS

Week 5: How to move forward and celebrate your success!

Benefits That Participants Have Experienced:



Increased Energy



Boosted Immune System



More Restful Sleep



Clarity and Focus



Clothes Fit Better



Decreased Anxiety

spaces limited to 10 participants **SIGN UP NOW!**

Tuesday, September 29th

Date: 5 sessions: 9/29, 10/6, 10/13, 10/20, 10/27

Time: 4-5:30PM Cost: \$250*

Location: Middleburg Community Center

*Cost includes all 5 sessions and course materials



TO REGISTER, VISIT

www.middleburgcommunitycenter.com/ calendar

> Questions? Contact: Maureen St. Germain, FNTP maureen@educated-wellness.com

JUNIOR MEMBERSHIP @ MTC



The Middleburg Tennis club is now offering a junior membership starting September 14th, 2020 and ending December 18th, 2020. The junior membership will allow juniors to register for afterschool tennis programs only.

Junior Membership Fee's:

\$800.00 Initiation fee (Paid upfront)

Note: After-School registration will be charged on a monthly basis.

After-School Schedule:

JUNIOR CLASS	AGE	BALL	DAYS	TIME	PER CLASS FEE
YOUNGSTARS	5-8 yrs	RED	Mon & Wed	3:30-4:30pm	\$18.00 PER CLASS
FUTURE STARS	9-10 yrs	ORANGE	Tues & Thur	4:30-5:30pm	\$18.00 PER CLASS
ALL STARS	11-12 yrs	GREEN	Mon & Wed	4:30-6:00pm	\$27.00 PER CLASS
ATP JUNIORS	13+ yrs	YELLOW	Tues & Thur	5:30-7:00pm	\$27.00 PER CLASS
HIGH INTENSITY	13+ yrs	YELLOW	Mon & Wed	6:00-7:30pm	\$27.00 PER CLASS

JUNIOR MEMBERSHIP REGISTRATION:		
Junior Name:	Age:	DOB:
Junior Name:	Age:	DOB:
Parent Name:	Phone:	
Email Address:		

To complete registration, please mail registration form and initiation fee to:

The Middleburg Tennis Association

P.O. Box 433

Middleburg, VA 20118

Once you register, an MTC staff member will contact you to register your child for classes. If you have any questions, please call 540-687-6388!