WELCOME all new and returning students, faculty/staff, and parents to the 2022 - 2023 school year!

Tomorrow, Friday, September 9
All Students (JK-8) are dismissed at 12:00

Reminder

JK through Grade 3 students are dismissed from the traffic circle near the Main Entrance.

Students in Grades 4 through 8 are dismissed from the traffic circle behind the Art Building, unless they are riding in a carpool with a younger child; these grade 4-8 students will be picked up at the Main Entrance traffic circle.

Reminder: A portion of the entrance road will be closed during the school day. As a result, the traffic circle by the gym and art building will be accessible from The Plains Road entrance ONLY, and the circle by the Main Entrance will be accessible from South Madison Street ONLY.

Please display your nametag prominently in your windshield for dismissal, especially in the first few weeks. If you need more nametags, please see Silvia Fleming.
FOR SALE: Wagyu Beef for Sale. Naturally raised on local Middleburg farm. Open pasture grass and grain finished. For details, email Michael Donohoe at hillfarmwagyu@gmail.com.

SEEKING: Family living in the Middleburg area hiring for the following positions: Housekeeper - part-time, Personal Assistant - part-time Landscape person - part-time. Please call 703-980-8109.

**Coming up at Hill:**
- Wed., Sept. 14: 4 - 8 Parent Dinner hosted by Robin and Justin Porterfield, 6:30 pm.
- Wed., Sept. 21: JK - 3 Dinner hosted by Melissa and Mark Winchester, 6:30 pm.
- Thurs., Sept. 29: Back to School Night, 7:00 pm.
- Sat., Oct. 1: Country Fair - noon to 4 pm.
- Wed., Oct. 5: Hill School Golf Open - 9am

**PIC Parent Meetings**
- JK –Friday, Sept. 23, 8:30, Lunch Room
- K - Wednesday, Sept. 14, 8:30 Lunch Room
- 1 - Tuesday, Sept. 13, 8:30, Lunch Room
- 2 - Friday, Sept. 30, 8:30, Lunch Room
- 3 - Wednesday, Sept. 28, 8:30, Lunch Room
- 4 - Monday, Sept. 19, 8:30, Lunch Room
- 5 - Monday, Sept. 26, 8:30, Lunch Room
- 6 - Monday, Sept. 12, 8:30, Lunch Room
- 7 - Wednesday, Sept. 21, 8:30, Lunch Room
- 8 - Thursday, Sept. 15, 8:30, Lunch Room

**DID YOU KNOW?**
The School Directory can be found on Parent Square.
- Step 1: Sign into the Parent Square App
- Step 2: Click More at the bottom right of your screen
- Step 3: Click on School Directory for phone numbers and emails of parents by grade

Question contact Sarah Schroder sschroder@thehillschool.org

**Link #6137**
To be linked by the school - Email lpatterson@thehillschool.org with VIC card number/phone number and last name.

**Link**
**your VIC card to our school today!**

**Connect your Harris Teeter VIC card to our school's Together in Education account.**

**Online**
1. Log in to your Harris Teeter profile at the top of harristeeter.com
2. Click on My Account once logged in
3. In the Together in Education section, type the school name in the School Search toolbar
4. Once the school name generates, click on the school name and then Add a School.

**App**
1. Go to *My Account* and click *Together in Education*
2. Type in the school name in the search bar

**In-store**
Ask your cashier to link your VIC card to our school's TIE code.

**Mass Link**
Let the school link for you. We just need your last name and VIC card number/phone number and we will link your card.

**Harris Teeter**
Together in Education

To be linked by the school - Email lpatterson@thehillschool.org with VIC card number/phone number and last name.
THE HILL SCHOOL ALUMNI ASSOCIATION
PRESENTS THE ANNUAL

HILL SCHOOL OPEN GOLF TOURNAMENT

WEDNESDAY, OCTOBER 5, 9 AM START
BULL RUN GOLF CLUB

<table>
<thead>
<tr>
<th>DATE</th>
<th>TEAM</th>
<th>SPORT</th>
<th>OPPONENT</th>
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Girls & Boys
Lacrosse Skills Training

Gain Strength and Sharpen Your Lacrosse Skills with Our Training Program!

From September 12 - November 4th (8 weeks) you can choose your membership to train one, two, or three times a week. Cost can be prorated based on start dates.

https://nltraining.com/classes/Lacrosse-Training#

Please visit www.paulvi.net for more information

Coffee & Conversation:
Middle school parents are invited to join us at our beautiful campus in Chantilly. Join us for coffee and a brief presentation. Afterward, visit with our Admissions team to learn more about PVI and the steps to apply.
Thursday, September 8 at 9 a.m.
Tuesday, September 13 at 9 a.m.
Tuesday, September 20 at 9 a.m.
Thursday, September 22 at 9 a.m.

Middle School Night Under the Lights
Friday, September 23
Middle schoolers and their families are invited to join us on Friday, September 23 for Rally in the Alley (6 p.m.) and our home football game (7 p.m.) Middle school students receive free entrance to the game. Join us for free food, fun, prizes and football under the lights!
PART NUTRITIONAL EDUCATION, PART SUGAR DETOX, PART SUPPORT GROUP—AN EMPOWERING COMBINATION

The RESTART® Program is a simple, powerful way to give your body a vacation from sugar and processed foods.

With a 3-week sugar detox built right in, the program focuses on how to use REAL FOOD to boost your energy and cut sugar and carb cravings.

IN OUR 5 WEEKS TOGETHER, YOU WILL LEARN

WEEK 1: How to prepare for your REAL FOOD sugar detox
WEEK 2: Your digestive check-in
WEEK 3: What sugar really does in your body
WEEK 4: The truth about FATS
WEEK 5: How to move forward and celebrate your success!

BENEFITS THAT PARTICIPANTS HAVE EXPERIENCED:

- Increased Energy
- Boosted Immune System
- More Restful Sleep
- Clarity and Focus
- Clothes Fit Better
- Decreased Anxiety

Mondays at 6:00PM: 9/12, 9/19, 9/26, 10/3, 10/10
Trinity Episcopal Church - Cox Hall
9108 John Mosby Hwy, Upperville, VA

And

Mondays at 11:30AM: 9/12, 9/19, 9/26, 10/3, 10/10
VIRTUAL via GoogleMeet private link
Best way to spend your lunch hour!

REGISTER TODAY AT www.educated-wellness.com

Questions?
Call/ text or email Maureen St. Germain, FNTP at 540.642.0808 or maureen@educated-wellness.com
Join Scouts Night 2022
Tuesday, September 13th
6:00-7:00pm
Middleburg Community Center
(Picnic tables by the pool)
Rain location: Emmanuel Episcopal Church
105 E. Washington St, Middleburg

Join us to learn about
Cub Scout Pack 1737 Middleburg & Aldie!

Things we do every year:
♦ Make new friends
♦ Earn awards and achievements
♦ Learn about nature and the outdoors
♦ Go camping, hiking and fishing
♦ Build things and learn to use tools
♦ Make and race Pinewood Derby cars
♦ Serve the community
♦ Learn how to treat the American flag
♦ Have fun times around the campfire!

Cub Scouting is available for boys and girls K-5th grade
For more information, please contact:
Cubmaster Bonnie Sharp
Pack1737@gmail.com