



The Hill School
540-687-5897
www.thehillschool.org

September 4, 2025



Welcome to the 2025-2026 school year!

Remember! Noon Dismissal on Friday, September 5.

About the Take Note...

The Take Note is our primary means of communicating school announcements and calendar items. It also includes community news, classified advertisements, and details for ordering lunches or items for sale (e.g., yearbooks). The Take Note is fully interactive—be sure to click on hyperlinks to learn more or sign-up for any number of volunteer opportunities or events.

The Take Note is posted online on the [Hill School's website](#) and posted in [ParentSquare](#) Thursday afternoons. Parents are notified via email when the newest edition is available.

The deadline for submission for all announcements and/or classified ads is Tuesdays at noon. You may submit to takenote@thehillschool.org, along with any feedback.

We count on parents reading the Take Note every week.

PTC Parent Meetings

Parents from each grade are invited to meet with their room parents to learn about what is in store for their class this fall. Class meetings will be held on the following dates:

JK: Thursday, Sept. 18 8:30 a.m., Alumni Rm	4: Wednesday, Sept. 17 8:30 a.m., Alumni Rm
K: Monday, Sept. 15 8:30 a.m., Alumni Rm	5: Tuesday, Sept. 16 8:30 a.m., Alumni Rm
1: Monday, Sept. 8 8:30 a.m., Alumni Rm	6: Wednesday, Sept. 10 8:30 a.m., Alumni Rm
2: Friday, Sept. 19 8:30 a.m., Alumni Rm	7: Thursday, Sept. 11 8:30 a.m., Alumni Rm
3: Friday, Sept. 12 8:30 a.m., Alumni Rm	8: Tuesday, Sept. 9 8:30 a.m., Alumni Rm

This fall **Treavor Lord** will be present for all parent meetings.

Join us for Assemblies!

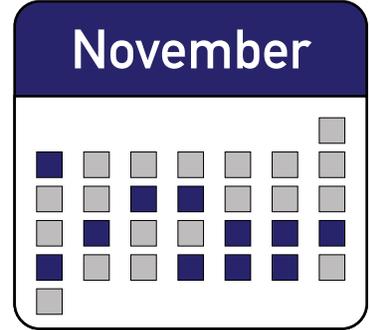
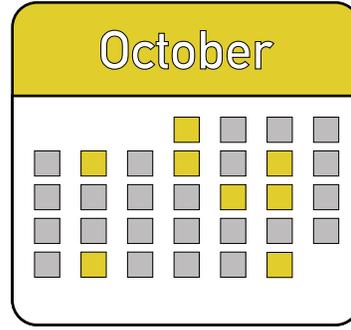
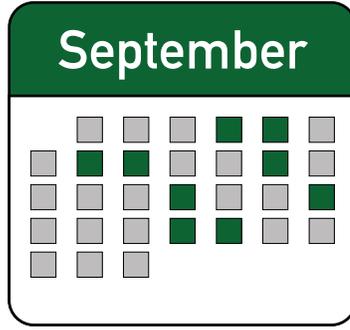
Each week students gather in the theater for assembly. All-school Assemblies are on Wednesdays at 11 a.m. Lower School Assemblies are on Friday mornings at 8:40 a.m. Parents are welcome to attend any assembly. Please sign-in at the Front Desk.

- Wednesday, September 10: Mr. Schroder talks about the importance of adventure.
- Friday, September 12: Mrs. McCaskey shares about fall.



UPCOMING @ Hill

The [2025-2026 Academic Calendar](#) is available on the Hill School website.



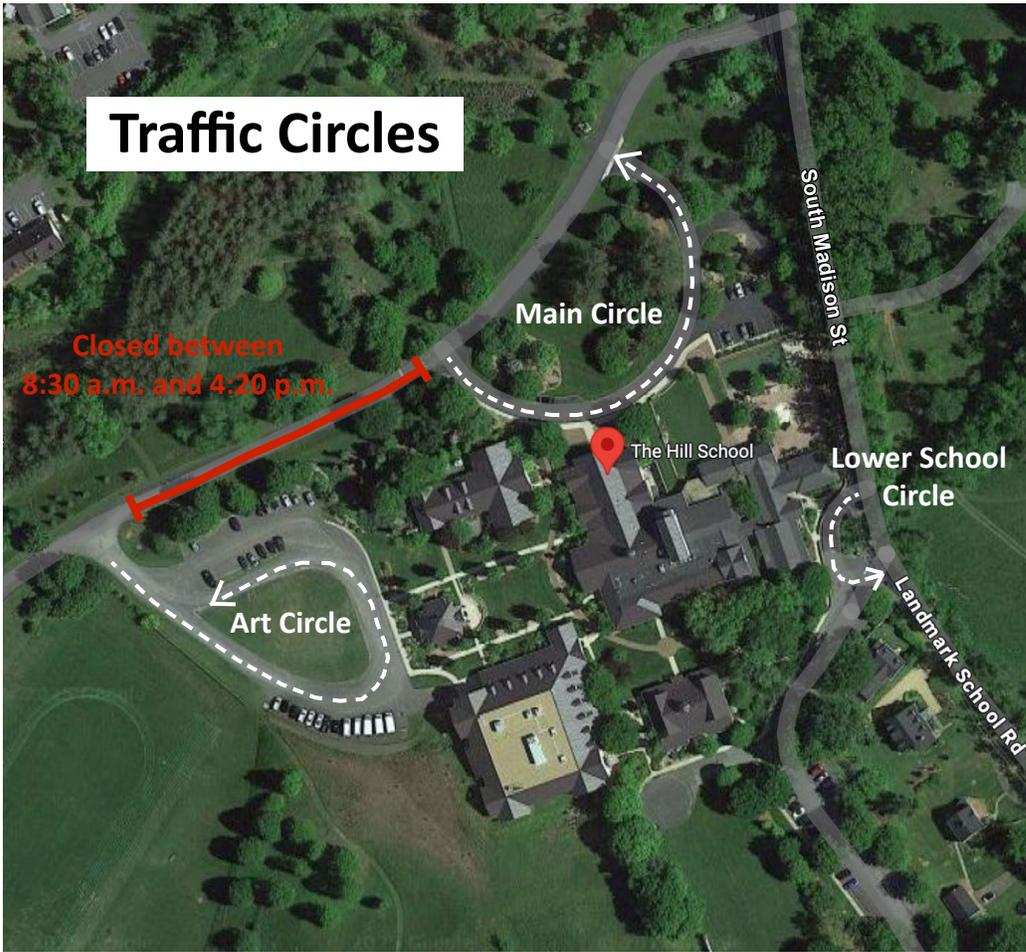
- 4** First Day of School
Regular Dismissal
- 5** Noon Dismissal
- 8** My Hot Lunchbox Resumes
- 9** 4-8 PTC Parent Dinner
6:30 p.m.
- 12** Centennial Campaign Plaque
Dedication, 2 p.m.
- 17** JK-3 PTC Parent Dinner
6:30 p.m.
- 20** [Country Fair](#)
Noon, Dornin Barn
- 24** [Picture Day](#). Individual Portraits
and Class Photos. [Order here.](#)
- 25** PTC Back-to-School Night
7 p.m., Theater
- 1** [Ice Cream Wednesdays](#)
Begin!
- 6** Professional Development
Day, No School
- 8** [Annual Hill School Open Golf
Tournament](#), 9 a.m.
- 10** Arboretum Day

- 16** Parent Conference Day
No School
- 17** Fall Holiday
No School
- 27** [Ride Your Pony to School Day](#)
7 a.m., Stonehedge Farm
- 31** [Grandparents' Luncheon](#)
12:30 p.m., Theater
- 31** [Halloween at Hill](#)
1:30 p.m., Amphitheater
- 2** Daylight Savings Ends
- 11** Professional Development
Day, No School
- 12** 4-8 Cross-Country Race
1:45 p.m.
- 17** New Parent Breakfast
8:30 a.m., Alumni Room
- 17** Holiday Boutique Opens
8:30 a.m., Alumni Room
- 20** Holiday Cocktail Party
5 p.m., Alumni Room
- 20** 8th Grade Play
7 p.m., Theater
- 21** Holiday Boutique Closes
6 p.m., Alumni Room

- 21** 8th Grade Play
7 p.m., Theater
- 22** 8th Grade Play
7 p.m., Theater
- 23** 8th Grade Play
2 p.m., Theater
- 26** Alumni Pancake Breakfast
10 a.m., Lunchroom
- 26** Thanksgiving Assembly
11 a.m., M'burg Methodist
- 26** Thanksgiving Vacation Begins
Noon Dismissal
- 27** Thanksgiving Day
No School
- 28** Thanksgiving Vacation
No School



Lunch ordering is open for dates through December. Lunch service begins Monday, September 8. Orders must be placed by noon the day prior. For an overview of how My Hot Lunchbox works, [click here](#). Click here to learn how to [create an account](#), to [update your account](#), to [transfer an account](#), or to [read their FAQs](#). Further questions can be directed to [Sarah Schroder](#).



We ask that drivers operate their vehicles safely and considerately when on campus. Please follow these guidelines when dropping-off and picking-up your child(ren):

1. The traffic circles are one-way. Please drive slowly and carefully, and please do not use your cell phone during drop-off and pick-up.
2. Please do not leave your car unattended or parked on a traffic circle.
3. Pull up as far as you can. All children should leave or enter the vehicle on the passenger side. No child should ever walk between cars in a traffic circle.
4. Please park your car in the adjacent small visitor parking areas if your child is not ready to be picked up when you reach the head of a traffic circle.
5. Please do not leave your vehicle to assist your child(ren). Faculty/Staff members are stationed around the traffic circles to provide assistance.

ATHLETICS @ Hill

Athletics and physical education are an important part of a Hill School education. The emphasis of the program is on teaching the basic skills and rules for a variety of sports and in encouraging each individual to give his/her best effort. Sportsmanship, a sense of fair play, development of confidence, empathy, leadership, and full participating by every child are other points of emphasis.

[View the full Fall Athletic Game Schedule here.](#)

Game day schedule changes will be communicated by **Coach Zach Roszel** via [ParentSquare](#).

Tuesday, September 16

- V Boys Soccer vs. Wakefield @ Wakefield. Game at 3 p.m. Dismissal at 4:30 p.m.
- JV Boys Soccer vs. Wakefield @ Wakefield. Game at 4 p.m. Dismissal at 5:30 p.m.
- V Girls Volleyball vs. Wakefield @ Hill. Game at 3 p.m. Dismissal at 4:15 p.m.
- JV Girls Volleyball vs. Wakefield @ Hill. Game at 4 p.m. Dismissal at 5:15 p.m.

Thursday, September 18

- V Boys Soccer vs. LCDS @ Hill. Game at 3:30 p.m. Dismissal at 4:45 p.m.
- JV Boys Soccer vs. LCDS @ Hill. Game at 4:30 p.m. Dismissal at 5:45 p.m.
- V Girls Volleyball vs. LCDS @ LCDS. Game at 3:30 p.m. Dismissal at 5:15 p.m.
- JV Girls Volleyball vs. LCDS @ LCDS. Game at 4:30 p.m. Dismissal at 6:15 p.m.



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THE HILL SCHOOL ALUMNI ASSOCIATION
PRESENTS THE ANNUAL

HILL SCHOOL OPEN GOLF TOURNAMENT

WEDNESDAY, OCTOBER 8, 9 AM START
BULL RUN GOLF CLUB

[REGISTER HERE](#)

The PTC Needs You!



There are a number of ways to be involved on campus. Grandparents are welcome to help, too!

- **Fresh Fruit Mondays.** Starting Monday, September 8. Help the PTC share fresh fruit with Hill's faculty and staff each week. [Sign-up on ParentSquare.](#)
- **Ice Cream Wednesdays.** Starting Wednesday, October 1. Wednesdays from 11:45 a.m. to 12:30 p.m. [Sign-up on ParentSquare.](#)
- **Faculty Lounge Restock.** Check out the [sign-up on ParentSquare.](#) Items requested by Wednesday, October 15.
- **Halloweenie Lunch.** Parent volunteers are needed to prep, cook, serve, and clean-up. [Sign-up on ParentSquare.](#)

After School Programs

- 
Dance at Hill. On Mondays and Tuesdays. Junior Kindergarten through Grade 8. September 8 through October 20. [Click here for more information.](#)
- 
HP Soccer Foundations. On Wednesdays for Kindergarten through Grade 3. September 17 through October 29. [Click here for more information.](#)
- 
Girls on the Run. On Mondays and Fridays. For girls in Grades 3 and 4. From September 22 through November 24. [Click here for more information](#) or [click here to register.](#)
- 
Go Long Flag Football. On Tuesdays. Kindergarten through Grade 5. From September 23 through November 24. [Click here for more information.](#)
- 
Drama Club. Wednesdays. Grades 5 through 8. Kicks off late September. More details to come.
- 
The Coder School. On Thursdays. [Kindergarten through Grade 2](#) at 3 p.m. [Grades 3 through 5](#) at 4 p.m. From October 2 through December 18.
- 
Kyle's Karate. On Thursdays. Junior Kindergarten through Grade 5. Fall session from October 2 through December 18. Winter Session from January 8 through March 12. [Click here for more information.](#)
- 
Silver Knights Chess Academy. On Mondays. Kindergarten through Grade 8. From October 13 through December 15. [Click here for more information.](#)



Bluebells Wellness
Cristin Wipfler, MPH, RDN

5 DAY BACK-TO-SCHOOL JUMPSTART

A simple, supportive online reset designed for **busy moms** who want to **start the school year strong**—without diets, gimmicks, or overwhelm.

You'll Learn How To

- ✓ Keep your energy levels high (no mid-day crash)
- ✓ Beat the 3 pm cravings for good
- ✓ Improve sleep and feel well-rested
- ✓ Optimize digestion and feel lighter
- ✓ Rebuild healthy habits—fast

Reclaim Your Energy - Reset Your Habits - Feel Your Best

When: Sept. 8 – 12
Where: Online
Investment: \$27

Grab Your Spot for \$27

Bluebells Wellness | Cristin Wipfler, MPH, RDN | cristinwipfler@gmail.com

HILL'S 2025-2026 COMMUNITY BOOK READ

the childhood roots of adult happiness

Childhood Roots of Adult Happiness is a research-informed guide to helping children build lasting joy, connection, and confidence—qualities that support lifelong well-being.

A longtime favorite in our Hill community, this inspiring book by Dr. Edward Hallowell has been chosen in honor of our Centennial Celebration. We look forward to using it as a springboard for meaningful conversations about how we, as parents, can nurture happiness and resilience in our children.



"A pioneering contribution... Once again this extraordinary child psychiatrist has provided revealing new windows through which to observe and constructively shape developing minds."
—MEL LEVINE, M.D.
New York Times bestselling author of *A Mind at a Time*

five steps to help
kids create and
sustain lifelong joy

**EDWARD M.
HALLOWELL, M.D.**

Bestselling coauthor of
Driven to Distraction

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Lessons offered at Trinity Church in Upperville with additional locations in Fauquier, Frederick and Loudoun

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2024 Ashley Hoffman



to register visit

www.theasanaathlete.com

All ages from 10 years old
Join one or both days!

SEPTEMBER 13 AND 14



THE CLASSIFIEDS

- Christian Lyman is available for personal training sessions and is able and willing to work with children and/or adults. Call 540-878-0337 or [email](mailto:).