



The Hill School
540-687-5897
www.thehillschool.org

October 1, 2026



THE HILL SCHOOL ALUMNI ASSOCIATION
PRESENTS THE ANNUAL

HILL SCHOOL OPEN GOLF TOURNAMENT

WEDNESDAY, OCTOBER 7, 9 A.M. START
BULL RUN GOLF CLUB

[REGISTER HERE](#)



Picture Day
(Take 2)

School portraits not turn out how you hoped?
Make-up Picture Day will be Wednesday,
November 4. Students just show up.

If you need to order pictures, login to
[MyLifetouch](#) and use the Portrait ID and
Access Code on your student's picture
proof. If your student missed picture
day, you can order [order photos here](#).

WILLIAMS
WINDSOR HILL
PUMPKINS
for SALE!

text 540-5335848
text for pricing or
to book a visit
to the patch

Cinderella's
Small Whites
Carvers
XL & XXL
for sale!

LOW
PRESSURE

★ Or I will come and
decorate your farms
front entrance for you! ☺

**Ice Cream
Wednesday**

Sugar will commence
Wednesday, October 7.

**LAST CHANCE TO
PRE-PRAY FOR
THE YEAR**
(click here for Ravenna)

Questions? Email
[Lauren Hein](#).

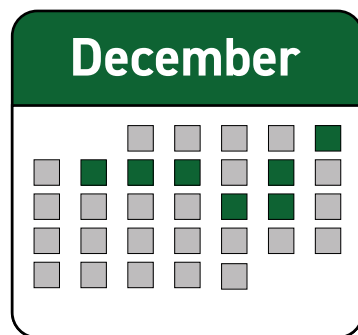
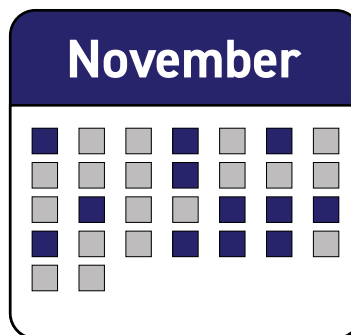
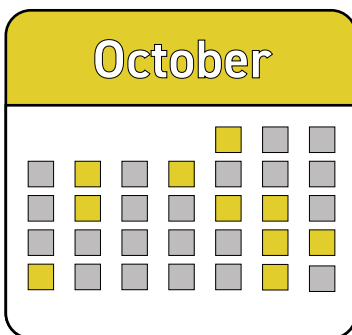
New Lunch Program

The Hill School continues to prepare for the
rollout of our new lunch program this fall.
We will provide an update via email when
more information becomes available.

In the meantime, all students will need to
plan to pack a lunch.

UPCOMING @ Hill

View the [2026-2027 Academic Calendar](#) on the Hill School website.



- 1** PTC Back-to-School Night
7 p.m., Theater
- 5** Professional Development
Day, No School
- 7** Ice Cream Wednesdays Begin!
Complete form in [Ravenna](#).
- 7** [Alumni Golf Tournament](#)
9 a.m., Bull Run Golf Club
- 12** Arboretum Day
- 15** Parent Conference Day
No School
- 16** Fall Holiday
No School
- 23** [Coffee with a Cop](#)
8:30 a.m., M'burg Town Hall
- 23** [Cathy Zimmerman Art Reception](#)
6 p.m., Theater Lobby
- 24** [Cathy Zimmerman Art Exhibition](#)
10 a.m. to 4 p.m., Theater Lobby
- 25** [Cathy Zimmerman Art Exhibition](#)
10 a.m. to 4 p.m., Theater Lobby
- 30** [Grandparents' Luncheon](#)
12:30 p.m., Theater
- 30** Halloween at Hill
1:30 p.m., Amphitheater

- 1** Daylight Savings Ends
- 4** [Make-Up Picture Day](#)
- 4** Ski Club Info Session
8:30 a.m., Alumni Room
- 4** 4-8 Cross-Country Race
1:45 p.m.
- 6** [Ride Your Pony to School Day](#)
7 a.m., Stonehedge Farm
- 11** Professional Development
Day, No School
- 16** New Parent Breakfast
8:30 a.m., Alumni Room
- 16** Holiday Boutique Opens
8:30 a.m., Alumni Room
- 19** Holiday Cocktail Party
5 p.m., Alumni Room
- 19** 8th Grade Play
7 p.m., Theater
- 20** Holiday Boutique Closes
6 p.m., Alumni Room
- 20** 8th Grade Play
7 p.m., Theater
- 21** 8th Grade Play
7 p.m., Theater

- 22** 8th Grade Play
2 p.m., Theater
- 25** Thanksgiving Assembly
11 a.m., M'burg Methodist
- 25** Thanksgiving Vacation Begins
Noon Dismissal
- 26** Thanksgiving Day
No School
- 27** Thanksgiving Vacation
No School
- 5** Christmas in Middleburg
- 7** Fall Book Fair
8 a.m. to 4 p.m., Theater Lobby
- 8** Fall Book Fair
8 a.m. to 4 p.m., Theater Lobby
- 9** Fall Book Fair
8 a.m. to 4 p.m., Theater Lobby
- 11** LS Holiday Share
- 17** St. George & the Dragon
- 18** US Holiday Program
- 18** Winter Break Begins
Noon Dismissal

ATHLETICS @ Hill

Athletics and physical education are an important part of a Hill School education. We encourage parents to attend the games and support their child(ren) and their team(s).

Game day schedule changes will be communicated by **Coach Zach Roszel** via [ParentSquare](#).

[View the full Fall Athletic Game Schedule here.](#)

Tuesday, October 6

- V Boys Soccer vs. Powhatan @ Powhatan. Game at 3:30 p.m. Dismissal at 5:15 p.m.
- JV Boys Soccer vs. Powhatan @ Powhatan. Game at 4:30 p.m. Dismissal at 6:15 p.m.
- V Girls Volleyball vs. Powhatan @ Hill. Game at 3:30 p.m. Dismissal at 4:45 p.m.
- JV Girls Volleyball vs. Powhatan @ Hill. Game at 4:30 p.m. Dismissal at 5:45 p.m.

Wednesday, October 7

- 4G Play Day vs. Wakefield @ Hill. Game at 12:30 p.m. Regular dismissal.
- 5G Play Day vs. Wakefield @ Wakefield. Game at 12:30 p.m. Regular dismissal.

Thursday, October 8

- V Boys Soccer vs. Wakefield @ Hill. Game at 3 p.m. Dismissal at 4:15 p.m.
- JV Boys Soccer vs. Wakefield @ Hill. Game at 4 p.m. Dismissal at 5:15 p.m.
- V Girls Volleyball vs. Wakefield @ Wakefield. Game at 3 p.m. Dismissal at 4:30 p.m.
- JV Girls Volleyball vs. Wakefield @ Wakefield. Game at 4 p.m. Dismissal at 5:30 p.m.



Field Trip Report

On September 29 first grade went to Loudoun Heritage Farm Museum. The kids had the opportunity to play and explore with hands-on materials in an old-fashioned kitchen, garden, and school house. A highlight was pretend milking life-size cows (outfitted with water hoses to compliment the experience). The first graders observed and learned about a colony of bees, and had a relay race sorting apples by size (small, medium, and large). There was a presentation about the life cycle of an apple and the many varieties—over 2,000! Then the kids took turns cranking an old fashioned apple press in order to make apple cider. Their day ended with an outdoor picnic.



THE CLASSIFIEDS

- Help Wanted. Current Hill family looking for afternoon childcare and help around the house. [Click here to learn more](#), or call France at 202-984-8823.
- Email [Take Note](#) to include your classified ad.

After School Programs

 Debate Club. On Mondays from 4:15 to 5 p.m. Grades 6 through 8. First session September 21 through October 26. [Click here to sign-up](#).

 Silver Knights Chess Academy. On Mondays from 4 to 5 p.m. Kindergarten through Grade 8. Fall session from October 12 through December 14. [Click here to sign-up](#).

 Dance at Hill. On Mondays and Wednesdays. Junior Kindergarten through Grade 6. September 21 through December 16. [Click here for more information](#).

 Drama Club. Wednesdays from 4 to 5:30 p.m. Grades 5 through 8. From October 7 to April 14. A final performance will be on Friday, April 9. [Click here to sign-up](#).

 The Coder School. On Thursdays. [Grade 1 through Grade 2](#) at 3 p.m. [Grades 3 through 5](#) at 4 p.m. From September 24 through December 10.

 Kyle's Karate. On Thursdays. Junior Kindergarten through Grade 5. Fall session from September 24 through November 19. [Click here to sign-up](#).

 Irish Dance. On Fridays from 3:15 to 4 p.m. Junior Kindergarten through Grade 8. Fall session from September 25 through October 30. [Click here to sign-up](#).

A Guide to Raising Healthy,
Confident Eaters for Life

**FEED
THEM
WELL**

Jennifer Anderson, MSPH, RD
FOUNDER OF KIDS EAT IN COLOR

THIS YEAR'S COMMUNITY READ

Feed Them Well offers practical, encouraging guidance to help families move beyond mealtime stress and raise healthy, confident eaters for life.

We look forward to using this book as a springboard for thoughtful conversations about nourishing our children, building positive relationships with food, and making family meals feel more connected.



AVAILABLE AT
MIDDLEBURG BOOKS



HILL FAMILIES RECEIVE
10% OFF THE BOOK

SPONSORED BY THE EDUCATION AND SCHOOL LIFE COMMITTEE

THE HILL SCHOOL
PROUDLY PRESENTS

CATHY ZIMMERMAN

Coming Home

AN ART EXHIBITION & SALE

A Celebration of Place, Beauty, and Belonging



*Featuring never-before-exhibited original oils
alongside a special collection of watercolors.*

OCTOBER 23 – 25, 2026

THE HILL SCHOOL
SHEILA JOHNSON PERFORMING ARTS CENTER

FRIDAY, OCTOBER 23
OPENING RECEPTION
6:00 – 8:00 PM

Meet the artist and
enjoy light refreshments.

SATURDAY, OCTOBER 24
EXHIBITION & SALE
10:00 AM – 4:00 PM

All are welcome.

SUNDAY, OCTOBER 25
EXHIBITION & SALE
10:00 AM – 4:00 PM

All are welcome.

Half of the proceeds from the sale will directly support Arts & Athletics at The Hill School.

Dornin Lab

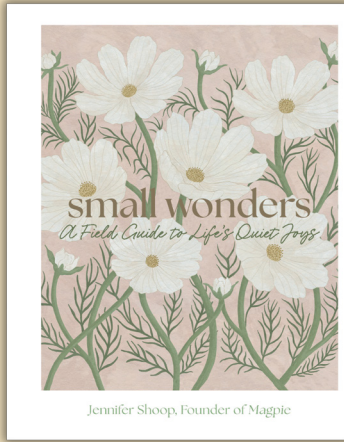
On September 25 First Grade studied insects together with their Seventh Grade mentors. To begin, the First Graders played *Eagle Eye* on their own, a hide-and-seek game where they must move and hide while an "eagle" looks and then turns away. Then the Seventh Graders joined their First Grade mentees to begin a series of insect-themed activities designed to get First Graders comfortable with being around non-stinging and non-biting insects, learn basic insect body parts, learn where to find and collect insects, and finally create their own imaginative insects using natural materials and salt dough.

Later in the day Fifth Grade students focused on tree identification in the Dornin Woods, and did an activity called *Get to Know a Tree*. For this activity, students worked in pairs, with one partner blindfolded using a bandana. The sighted partner led the blindfolded student to a specific tree, where the blindfolded student explored the tree using their non-visual senses for five minutes. Afterwards, the blindfolded student was led back to the starting point, removed the blindfold, and attempted to identify which tree they explored. Once complete, the partners switched roles and repeated the process.

This Friday, October 2, two classes will each have Dornin Lab. Second Grade students will join with their Seventh and Eighth Grade mentors to learn about camouflage and stalking animals in the forest, while Kindergarten students will walk on campus to learn about signs of fall in nature.



An Evening with Author Jen Shoop



Friday October 9th, 6:30pm
The Castle Gallery



JOIN US FOR COFFEE WITH A COP

Middleburg Common Grounds

114 W Washington St.
Wednesday, October 7
8:30 AM - 10:00 AM

We're excited to see
you—stop by, grab a
coffee, and say hello!



It's Our 3rd Birthday
Saturday, October 3rd
Come Celebrate with Us!!



- The first 25 customers receive free Middleburg Books t-shirts
- We'll have celebratory cookies all day!
- And we'll be raffling off a stack of our fall favorites - one for kids and one for grownups!



A SUPPORT GROUP FOR MIDDLE SCHOOL GIRLS

Girl Talk

A group to promote self-esteem in girls
who are navigating middle school

YOU BELONG HERE

For the girl who feels on the outside — anxious, unsure of herself, or tired of pretending she's fine. Girl Talk is a small, warm circle where that starts to change.

more confidence real friendships a place to be heard

WHEN
Saturdays, 2:00–3:30 PM
WHERE
112 S. Pitt St., Alexandria
COST
\$100 per session

DATES
Oct 24 – Dec 19, 2026
WHO
Grades 6–8 · Ages 11–14
INTAKE
\$165 per session

Open to middle schoolers who identify as female.

MEET YOUR FACILITATORS



Julie Silverman, MA
Group Facilitator



Ashley Fischer, MA
Group Facilitator

EIGHT THEMES · ONE CIRCLE

Goal-Setting

Friendship

Family

Identity

School Life

Body Image

Self-Care

Passions & Hobbies

SAVE HER SPOT

Register by Saturday, October 17, 2026
juliasilverman@sunstonecounselors.com
Questions? 703-534-5100

space is limited — small circle, on purpose

Format adapted from the Girls Circle® Model, One Circle Foundation.
sunstonecounselors.com · Falls Church · Alexandria · McLean · Ashburn · Richmond



A FALL TRADITION FOR THE WHOLE FAMILY

- LIVE BLUEGRASS BY *THE SELDOM SCENE*
- BARBECUE + LOCAL LIBATIONS
- FUN ACTIVITIES + PRIZES FOR KIDS

GATHER THE FAMILY
AND JOIN US IN THE FIELD!



SCAN FOR TICKETS



INTENTIONAL AROMATICS, HANDCRAFTED IN SMALL BATCHES

We believe that self-care should be as effective as it is indulgent. Unlike mass-produced alternatives, our candles, perfumes, and wellness collections are built on a foundation of cleaner ingredients and unique botanical aromatic blends.

We don't just scent our products; we infuse them with purpose. Whether selected for their complex aromatic profiles or their specific therapeutic benefits, our botanical blends are designed to elevate your daily rituals and support your well-being.

LOCATED AT:

7 West Washington St. Suite 7-1
Middleburg, VA 20117

www.aromasbykade.com



3RD ANNUAL FALL FARM TOUR

Saturday, October 17th - 11am-2pm

Kinloch Farm Operations Center
5313 Hopewell Road, The Plains, Virginia

FAMILY FRIENDLY FUN!

Hayrides & Playground
Lunch by Open Fire Catering
Music by The Ribbon Rail Ramblers

EDUCATIONAL STATIONS

Piedmont Savanna Restoration
Regenerative Land Management
Meet Our Adorable Cows & Calves
Cooking Demos with Chef Ryan Ross
Rainfall Simulator
AND MORE!



FREE RSVP & MORE INFO:
kinlochfarm.com/reachtheroots



KYLE'S KARATE

Kyle's Karate is a children's martial arts program that combines exciting instruction with practical, effective techniques. Teaching kicks, punches, stances and blocks, Kyle's Karate will develop your child's coordination and concentration. Discipline and respect are an integral part of this class. Techniques are practiced on safe equipment held by the instructor. Your child will gain confidence in themselves and their ability to succeed while earning merit awards in class. Our end of the year belt test gives students a chance to earn a new belt and show off their moves.

REGISTER
NOW!

THURSDAYS NOW THROUGH DECEMBER 3